



## Department of Physiotherapy

*Organizing*

# National Physiotherapy Workshop Continuum-2025

 **5<sup>th</sup> - 7<sup>th</sup> February, 2025**

Venue: C-Block Auditorium, Sitapura Campus, Jaipur, Rajasthan



## CHIEF PATRON



**Mr. Deepak Gupta**

Chairperson, Jagan Nath University

## PATRON



**Prof. (Dr.) V. K. Agarwal**

Pro-Chairperson, Jagan Nath University



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Pro-President and COE, Jagan Nath University

## PROGRAMME COORDINATOR



**Mr. Rakesh Israni**

Jt. Registrar, Jagan Nath University



**Dr. Mayank Mathur**

Dy. Registrar, Jagan Nath University

## ORGANIZING COMMITTEE

### CONVENER



**Dr. Aditi Singh**

HoD,  
Dept. of Physiotherapy



**Dr. Kartikeya Vahal (PT)**

Assistant Professor, Dept. of Physiotherapy (ADSW)



**Dr. Kapil Garg (PT)**

Assistant Professor, Dept. of Physiotherapy



**Dr. Harshita Dadheech (PT)**

Assistant Professor, Dept. of Physiotherapy



**Dr. Khushi Saini (PT)**

Assistant Professor, Dept. of Physiotherapy



**Dr. Rakhi Kumari (PT)**

Assistant Professor, Dept. of Physiotherapy



**Dr. Manisha Rathore (PT)**

Assistant Professor, Dept. of Physiotherapy



## Dr. Harpreet Singh

Senior Physiotherapist, AIIMS, New Delhi  
(20 years exp.)

**Topic: Neurodevelopmental Therapy in Managing Post Stroke Motor Dysfunctions (Introduction)**

### Key highlights of the workshop: -

- Identify normal movement components.
- Analyse atypical patterns which interfere with functions.
- Handling practical session.
- Identify the most significant impairments interfering with the recovery of functions.
- Synthesize information to develop appropriate intervention strategies for persons with neurological dysfunction.

DAY-1



## Dr. Rajeev Aggarwal

Senior Physiotherapist & In-Charge,  
Neuro-Physiotherapy Unit, AIIMS, New Delhi  
(26 years exp.)

**Topic: Chest x-ray interpretation**

### Key highlights of the workshop: -

- To understand the basics of x-rays
- To interpret normal anatomy in chest x-rays (cxr)
- To identify various lines, tubes and catheters in cxr
- To interpret abnormalities in cxr useful for: Atelectasis, Consolidation, Pneumonia, Pleural effusion, Pneumothorax, Rib fractures, Pulmonary edema, ARDS, COPD, interstitial lung disease
- How to track the effect of chest physiotherapy using cxr

DAY-2



## Dr. Shagun Agarwal

Dean, Galgotia University, Greater Noida  
(22 years exp.)

**Topic: Cyriax concept manual therapy for spine**

### Key highlights of the workshop: -

- Anatomy of spinal structures and their clinical relevance.
- Selective tissue tension testing of the lumbar & cervical spine.
- Manual therapy of the lumbar spine & cervical spine.
- Advance strategies to release hypertonic muscles.
- Fascial releases.
- Core muscle activation.

DAY-3

# ABOUT THE UNIVERSITY

**Jagan Nath University, Jaipur** has been established by Act No. 19 of 2008 of the Rajasthan State Legislature and approved by University Grants Commission under the UGC Act, 1956. The University has been accredited by National Assessment and Accreditation Council (NAAC) with "A" grade in second cycle and is also a member of the Association of Indian Universities (AIU). The University is running various Under-graduate, Post-Graduate and Doctorate programmes in Law, Engineering & Technology, Management & Commerce, Architecture, Agriculture, Education, Pharmacy, physiotherapy, Allied Health Science, Naturopathy & Yogic Science. All the professional courses are run with the approval of regulatory bodies i.e. Bar Council of India, Institute of Town Planners of India, National Council for Teacher Education, Pharmacy Council of India, UGC DEB (Distance Education Bureau). The university has two vast campuses spread over 50 and 10.5 acres of land with all modern educational facilities at Chaksu and Sitapura campus, Jaipur.

## CONTACT US

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