

# Faculty of Medical, Paramedical & Allied Health Sciences

**Syllabus** 

For

Bachelor of Physiotherapy (B.P.T.)
(Program Code: HS0141)

(2020-21)

<sup>\*</sup>Approved by the Academic Council vide resolution no .....

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#### 1. INTRODUCTION

The quality of medical care has improved tremendously in the last few decades due to the advances in technology, thus creating fresh challenges in the field of healthcare. It is now widely recognized that health service delivery is a team effort involving both clinicians and non-clinicians, and is not the sole duty of physicians and nurses. Professionals that can competently handle sophisticated machinery and advanced protocols are now in high demand. In fact, diagnosis is now so dependent on technology, that allied and healthcare professionals (AHPs) are vital to successful treatment delivery. So, the quality of higher education in BPT should be improved in such a manner that young minds are able to compete in this field globally in terms of their knowledge and skills, for this purpose Learning Outcome-based Curriculum Framework (LOCF) is developed.

Incorporation of Learning Outcome-based Curriculum Framework (LOCF) in the undergraduate physiotherapy programme makes it student-centric, interactive and outcome-oriented to achieve well-defined aims, objectives and goals. The learning outcomes are attained by students through skills acquired during a programme of study. Programme learning outcomes will include subject-specific skills and generic skills, including transferable global skills and competencies. It would also focus on knowledge and skills that prepare students for further study, employment and society development. LOCF help ensure comparability of learning levels and academic standards across colleges/universities.

At present, the goal of higher education in BPT may be achieved using the following measures:

- i. Curriculum reform based on learning outcome-based curriculum framework (LOCF).
- ii. Improving learning environment and academic resources.
- iii. Elevating the quality of teaching and research.
- iv. Involving students in discussions, problem-solving and out of box thinking about various ideas and their applicability, which may lead to empowerment and enhancement of the social welfare.
- v. Motivating the learners to understand various concepts of their educational programme keeping in view the regional context.
- vi. Enabling learners to create research atmosphere in their colleges/ institutes/ universities.
- vii. Teach courses based on Choice Based Credit System (CBCS).

#### 2. LEARNING OUTCOME-BASED APPROACH TO CURRICULUM PLANNING

The Bachelor's Degree in Physiotherapy is awarded to the students on the basis of knowledge, understanding, skills, values and academic achievements. Hence, the learning outcomes of this programme are aimed at facilitating the learners to acquire these attributes, keeping in view of their preferences and aspirations for knowledge.

The LOCF have designed courses of BPT in the light of graduate attributes, description of qualifications, courses and programme learning outcomes. It may lead to all round development and delivery of complete curriculum planning. Hence, it provides specific guidelines to the learners to acquire sufficient knowledge during this programme.

The programme has been planned in such manner that there is scope of flexibility and innovation in

- i. Modifications of prescribed syllabi.
- ii. Teaching-learning methodology.
- iii. Assessment technique of students and knowledge levels.
- iv. Learning outcomes of courses.
- v. Addition of new elective courses subject to availability of experts in colleges/institutes/universities across the country.

#### 2.1. Nature and Extent of Bachelor's Degree Programme

As a part of effort to enhance employability of physiotherapy graduates expected learning outcomes are very essential in present day perspective. Therefore, higher education degrees must formulate Graduate Attributes (GAs), qualification descriptors, learning outcomes and course learning outcomes which will help in curriculum planning and development in the form of design and delivery of courses. The overall formulation of the degree programme must equip learner to have competencies to provide deliverables to the profession.

#### 2.2. Aim of Bachelor's Degree program in physiotherapy: The aim is to-

- I. Creating deep interest in physiotherapeutic system of learning and to promote the medical health professionals with enhanced skills who shall serve the society by advanced treatment skills and diagnosing the ailments
- II. Develop broad and balanced knowledge and understanding of definitions, concepts, techniques and their principles in order for their better application.
- III. Making the students aware of the advanced medical health and physiotherapeutic equipments and specialized techniques related to Physiotherapy Graduate program.
- IV. Enhance the ability of learners to apply the knowledge and skills acquired by them during the graduate program in order to let them lead an independent professional life and career ahead.
- V. Promoting students and introducing them to the research protocols in order to provide students with sufficient knowledge and skills enabling them to undertake higher education.
- VI. Encouraging the students to develop a range of generic skills helpful in employment, internships and social activities.

#### 2.3. Motive behind curriculum planning and development

The committee considered and discussed the following factors for LOCF for the BPT graduates:

- i. Framing of syllabi
- ii. Learners attributes
- iii. Qualification descriptors
- iv. Programme learning outcomes
- v. Course learning outcomes
- vi. Necessity of having elective courses
- vii. Academic standard

#### 3. PROGRAM EDUCATIONAL OBJECTIVES (PEOs)

After successful completion of the program, the graduates will be

- **PEO 1:** Able to integrate theoretical knowledge with clinical assessment.
- **PEO 2:** Able to develop effective communication with patients, family, colleagues and students.
- **PEO 3:** Able to actively engage in lifelong learning activities

#### 4. GRADUATE ATTRIBUTES (GAs)

The graduate attributes in BPT are the summation of the expected course learning outcomes mentioned in the end of each course. Some of them are stated below. These learning goals for BPT are divided into nine key areas:

- **GA1.** Role of physiotherapy: To recognize the role of Physiotherapy in the context of the health needs of the community and National priorities in the health sector. Using a patient/family-centered approach and best evidence, each student will organize and implement the preventive, investigative and management plans; and will offer appropriate follow-up services. Program objectives should enable the students to:
  - Apply the principles of basic science and evidence-based practice
  - Use relevant investigations as needed.
  - Identify the ailments and as per the indications for basic procedures, perform them in an appropriate and ethical way.
  - Provide care to patients efficiently and in a cost-effective way in a range of settings, and maintain foremost the interests of individual patients.
  - Identify the influence of biological, psychosocial, economic, and spiritual factors on patients' well-being and act in an appropriate manner.
- **GA2. Ethics:** Demonstrate professional and ethical behavior appropriate to at least the minimum standard expected for a Physiotherapy Graduate. Students will understand core concepts of clinical ethics and law so that they may apply these to their practice as Physical Therapists. Program objectives should enable the students to:
  - Describe and apply the basic concepts of clinical ethics to actual cases and situations
  - Recognize the need to make health care resources available to patients fairly, equitably and without bias, discrimination or undue influence.
  - Demonstrate an understanding and application of basic legal concepts to the practice of physiotherapy.
  - Employ professional accountability for the initiation, maintenance and termination of patient-provider relationships.
  - Demonstrate respect for each patient's individual rights of autonomy, privacy, and confidentiality.
- **GA3**. **Acquire knowledge**: The student will execute professionalism to reflect in his/her thought and action a range of attributes and characteristics that include technical competence, appearance, image, confidence level, empathy, compassion,

understanding, patience, manners, verbal and non-verbal communication, an antidiscriminatory and non-judgmental attitude, and appropriate physical contact to ensure safe, effective and expected delivery of healthcare. Program objectives will aim at making the students being able to:

- Demonstrate distinctive, meritorious and high quality practice that leads to excellence and that depicts commitment to competence, standards, ethical principles and values, within the legal boundaries of practice
- Demonstrate the quality of being answerable for all actions and omissions to all, including service users, peers, employers, standard-setting/regulatory bodies or oneself
- Demonstrate humanity in the course of everyday practice by virtue of having respect (and dignity), compassion, empathy, honor and integrity
- Ensure that self-interest does not influence actions or omissions, and demonstrate regards for service-users and colleagues.
- **GA4.** Assessment and Diagnosis: Ability to perform a safe, systematic and appropriate physiotherapy assessment for various conditions and to analyze and interpret physical assessment and diagnosis and set appropriate short and long term goals. The student will utilize sound scientific and/or scholarly principles during interactions with patients and peers, educational endeavors, research activities and in all other aspects of their professional lives. Program objectives should enable the students to:
  - Engage in ongoing self-assessment and structure their continuing professional education to address the specific needs of the population.
  - Practice evidence-based practice by applying principles of scientific methods.
  - Acquire basic skills such as presentation skills, giving feedback, patient education and the design and dissemination of research knowledge; for their application to teaching encounters.
- GA5. Problem analysis: Function effectively in identification and analysis of the problem
  - Identification of "Red flags" or areas that require action.
  - Anticipation of potential problems based on finding.
  - Scanning entries to identify areas of need.
  - Range of knowledge for research and diagnosing skills shall be inculcated by the students in order to give a directed treatment approach
- GA6. Short-term and Long-term Goal setting: Function effectively as an individual and as a member or leader in multidisciplinary rehabilitation facility. The student will lead a high value on effective communication within the team, including transparency about aims, decisions, uncertainty and mistakes. Team-based health care is the provision of health services to individuals, families, and/or their communities by at least two health providers who work collaboratively to accomplish shared goals within and across settings to achieve coordinated, high quality care. Program objectives will aim at making the students being able to:

- Recognize, clearly articulate, understand and support shared goals in the team that reflect patient and family priorities.
- Possess distinct roles within the team; to have clear expectations for each member's functions, responsibilities, and accountabilities, which in turn optimizes the team's efficiency and makes it possible for them to use division of health services advantageously, and accomplish more than the sum of its parts.
- **GA7. Documentaion:** Able to document the problem properly for necessary interventions.
  - Develop mutual trust within the team to create strong norms of reciprocity and greater opportunities for shared achievement.
  - Communicate effectively so that the team prioritizes and continuously refines its communication channels creating an environment of general and specific understanding.
  - Recognize measurable processes and outcomes, so that the individual and team can agree on and implement reliable and timely feedback on successes and failures in both the team's functioning and the achievement of their goals. These can then be used to track and improve performance immediately and over time.
- **GA8.** Communication: Communicate effectively across wide range of professional and personal contexts. The student will learn how to communicate with patients/clients, care-givers, other health professionals and other members of the community effectively and also with the peers appropriately. Communication is a fundamental requirement in the provision of health care services. Program objectives should enable the students to:
  - Provide sufficient information to ensure that the patient/client can participate as actively as possible and respond appropriately to the information.
  - Clearly discuss the diagnosis with the patient, and decide appropriate treatment plans in a sensitive manner that is in the patient's and society's best interests.
  - Explain the proposed healthcare service its nature, purpose, possible positive and adverse consequences, its limitations, and reasonable alternatives wherever they exist.
  - Use effective communication skills to gather data and share information including attentive listening, open-ended inquiry, empathy and clarification to ensure understanding
  - Appropriately communicate with, and provide relevant information to, other stakeholders including members of the healthcare team
  - Use communication effectively and flexibly in a manner that is appropriate for the reader or listener.
  - Explore and consider the patient's ideas, beliefs and expectations during interactions with them, along with varying factors such as age, ethnicity, culture and socioeconomic background.
  - Develop efficient techniques for all forms of written and verbal communication including accurate and timely record keeping

- Assess their own communication skills, develop self-awareness and be able to improve their relationships with others.
- Possess skills to counsel for lifestyle changes and advocate health promotion
- **GA9.** Research activities: Ability to choose, demonstrate intervention safely and document the progression appropriately and also able to understand and conduct research activities.
  - Incorporate the Research learning process either by introducing research and data oriented protocols of learning practices in curriculum or by introduction to research process via evidence based practice.
  - Imbibe the system of data restoration in order for future patient oriented researches and for better outcome of results and treatment for the future perspectives.
  - Develop the system of research projects in undergraduate program by keeping in mind the need of the society and for their betterment.
- GA10. The Physiotherapist and society: Engage in activities that contribute to the betterment of society and behave ethically and responsible in social environment. The students will recognize that allied and healthcare professionals need to be advocates within the health care system, to judiciously manage resources and to acknowledge their social accountability. They have a mandate to serve the community, region and the nation and will hence direct all research and service activities towards addressing their priority health concerns. Program objectives should enable the students to:
  - Demonstrate knowledge of the determinants of health at local, regional and national levels and respond to the population needs.
  - Establish and promote innovative practice patterns by providing evidence-based care and testing new models of practice that will translate the results of research into practice, and thus meet individual and community needs in a more effective manner.
  - Develop a shared vision of an evolving and sustainable health care system for the future by working in collaboration with and reinforcing partnerships with other stakeholders, including academic health centers, governments, communities and other relevant professional and non-professional organizations.
  - Advocate for the services and resources needed for optimal patient care.

#### 5. QUALIFICATION DESCRIPTORS (QDs)

The qualification descriptor suggests the generic outcomes and attributes to be obtained while obtaining the degree of BPT. The qualification descriptors indicate the academic standards on the basis of following factors:

- i. Level of knowledge
- ii. Understanding
- iii. Skills

- iv. Competencies and attitudes
- v. Values and Ethics

These parameters are expected to be attained and demonstrated by the learners after becoming graduates in this programme. The learning experiences and assessment procedures should be so designed that every graduate may achieve the programme learning outcomes with equal opportunity irrespective of the class, gender, community and regions. Each graduate in physiotherapy should be able to:

- i. Demonstrate fundamental systematic knowledge and its applications. It should also enhance the subject specific knowledge and help in creating jobs in various sectors.
- ii. Demonstrate educational skills in areas of their programme.
- iii. Apply knowledge, understanding and skills to identify the difficult/unsolved problems in courses of their programme and to collect the required information in possible range of sources and try to analyze and evaluate these problems using appropriate methodologies.
- iv. Apply one's disciplinary knowledge and skills in newer domains and uncharted areas
- v. Identify challenging problems and obtain well-defined solutions.
- vi. Exhibit subject-specific transferable knowledge relevant to job trends and employment opportunities.

#### 6. PROGRAMME OUTCOMES (POs)

The aim of the course is to provide comprehensive, individually focused training that prepares the students for providing a quality physiotherapy care to the patients so that at the end of the course he/she will be able to perform the following

- **PO1**. Recognize the role of Physiotherapy in the context of the health needs of the community and National priorities in the health sector.
- **PO2.** Demonstrate professional and ethical behavior appropriate to at least the minimum standard expected for a Physiotherapy Graduate.
- PO3. Ability to acquire knowledge on Basic Medical sciences, Human Movement Sciences, Various Medical Conditions and Surgical treatments to identify Psychological, Social, Economical, Cultural aspects of diseases and its impact on community.
- **PO4**. Ability to practice a safe, systematic and appropriate physiotherapy assessment for various conditions.
- **PO5**. Identify, Define and Deal with problems of professional practice through logical, analytical and critical thinking.
- **PO6**. Ability to analyze and interpret physical assessment and diagnosis and set appropriate short and long term goals.
- **PO7**. Ability to choose, demonstrate intervention safely and document the progression appropriately.
- **PO8**. Communicate effectively across wide range of professional and personal contexts.
- **PO9**. Ability to understand and conduct research activities.

**PO10**. Engage in group activities that contribute to the betterment of society and behave ethically and responsible in social environment.

Mapping of Graduate Attributes (GAs) and Programme Learning Outcomes (PLOs):

	GA1	GA2	GA3	GA4	GA5	GA6	GA7	GA8	GA9	GA10
PO1										
PO2										
PO3										
PO4										
PO5										
PO6										
PO7										
PO8										
PO9										
PO10										

#### 7. PROGRAMME SPECIFIC OUTCOMES (PSOs)

PSO1: Promotion of health and education by the means of improved quality of life through the practice of the profession and also by working effectively in various inter professional collaborative settings like multi, super specialty hospitals, Rehabilitation Centres, Special Schools, Educational Institutions, Health and Fitness Centers, Geriatric Centers, Ergonomic Consultant in Corporate Sectors, Private Consultation, Home Care Services, Industrial Sectors, Sports Management, Fitness Consultant

**PSO2:** Develop the ability to collect history, perform relevant clinical assessment, diagnose, investigate and frame appropriate treatment strategies by incorporating electrotherapeutic modalities, exercise therapy techniques, manual therapy, manipulations and others means of management for the patients.

#### 8. TYPES OF COURSES

1. Courses in a programme may be of four kinds: Core, Elective, Ability Enhancement and Skill Enhancement.

#### a) Core Course:-

There may be a Core Course in every semester. This is the course which is to be compulsorily studied by a student as a requirement to complete the programme in a said discipline of study.

#### **b)** Elective Course:-

Elective course is a course which can be chosen from a pool of papers. It may be

- Supportive to the discipline of study
- Providing an expanded scope
- Enabling an exposure to some other discipline/domain
- Nurturing student's proficiency/skill.

An Elective Course may be 'Discipline Centric/Specific' & Generic Elective

- (i) Discipline Centric/Specific Elective (DSE): Elective courses offered under the main discipline/subject of study is referred to as Discipline Centric/Specific.
- (ii) Generic/Open Elective (GE): An elective course chosen from an unrelated discipline/subject is called Generic/Open Elective. These electives will be focusing on those courses which add generic proficiency of students.

#### c) Ability Enhancement Compulsory Courses (AECC):-

AECC courses are based upon the content that leads to knowledge enhancement, for example: English Communication, Environment Science/ Studies, etc.

#### d) Skill Enhancement Courses (SEC):-

SEC Courses provide value based and/or skill based knowledge and may content both Theory and Lab/Training/Field Work. The main purpose of these courses is to provide students life- skills in hands- on mode so as to increase their employability.

#### 2. List of Courses (BPT)

#### **Core Courses**

Anatomy

Physiology

Biomechanics & Kinesiology

Pathology & Micro-Biology

Exercise therapy

Electrotherapy

Research Methodology & Bio-Statistics

General Medicine

General Surgery And Obstetrics & Gyanecology

Clinical Orthopedics

Clinical Neurology & Pediatrics

Physiotherapy in orthopedic conditions

Physiotherapy in Neurological conditions

Physiotherapy in General medicine & surgery

Physiotherapy in cardio-thoracic conditions

Clinical Internship & Project

#### **Elective Courses (Discipline Centric)**

**Bio-Chemistry** 

**Environmental Science** 

Computer Science

Pharmacology

Community Medicine

Bioengineering

Community Based Rehabilitation

First Aid

#### **Ability Enhancement Compulsory Course (AECC)**

Sociology

Communication Skill

Anandam

Universal Human Values

Anandam

Leadership & Management Skills

Anandam

**Professional Skills** 

Anandam

#### **Skill Enhancement Course (SEC)**

Psychology & Applied Psychology

Supervised clinical training

Minor Project & Clinical Training

#### **Computation of Workload:**

Lecture (L): 1 Credit = 1 Theory period of one hour duration
 Tutorial (T): 1 Credit = 1 Tutorial period of one hour duration
 Practical (P): 1 Credit = 1 Practical period of two hour duration

## 9. PROGRAM STRUCTURE (BPT)

#### FIRST YEAR

	THEO	RY				PRA	CTICA	L	TEAC	HING I	HRS	CREDITS	
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	T/S	P	Week/ Sem.	Yearly
BPT 101	ANATOMY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 102	PHYSIOLOGY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 103 A	BIO-CHEMISTRY	ELECT IVE	100	30	70	-	-	-	2	-	-	2	4
BPT 103 B	ENVIRONMENTAL SCIENCE	ELECT IVE	100	30	70	-	-	-	2	-	-	2	4
BPT 104	BIOMECHANICS & KINESIOLOGY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 105	PSYCHOLOGY & APPLIED PSYCHOLOGY	SEC	100	30	70	-	-	-	2	-	-	2	4
BPT 106	SOCIOLOGY	AECC	100	30	70	-	-	-	2	-	-	2	4
BPT 107	COMMUNICATION SKILL	AECC	100	30	70	-	-	-	1	-	-	1	2
BPT 108	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4
Total			700			400		•	17	3	6	24	48
Grand Total	1100	Marks										48 Credi	ts

# B.P.T.

#### SECOND YEAR

	THE	CORY				PR	TE	ACHIN HRS	lG	CREDITS			
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	T/S	P	Week/ Sem.	Yearly
BPT 201	PATHOLOGY & MICRO-BIOLOGY	Core	100	30	70	-	-	-	4	-	-	4	8
BPT 202 A	PHARMACOLOGY	ELECTIVE	100	30	70	-	-	-	2	-	-	2	4
BPT 202 B	COMPUTER SCIENCE	ELECTIVE	100	30	70	-	-	-	2	-	-	2	4
BPT 203	EXERCISE THERAPY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 204	ELECTROTHERAPY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 205	RESEARCH METHDOLOGY & BIO-STATISTICS	Core	100	30	70	-	-	-	3	-	-	3	6
BPT 206	UNIVERSAL HUMAN VALUES	AECC	100	30	70	-	-	-	1	-	-	1	2
BPT 207	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4
Total		1	600		ı	300			17	2	4	22	44
Grand Total	900 Marks					<b>'</b>	ı			,		44 Cr	edits

# B.P.T.

#### THIRD YEAR

	THE	ORY				PI	RACT	ICAL		ACHIN HRS	iG	CREDITS		
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	T/S	P	Week/Sem.	Yearly	
BPT 301	GENERAL MEDICINE	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT 302	GENERAL SURGERY AND OBSTETRICS & GYANECOLOGY	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT 303	CLINICAL ORTHOPEDICS	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT 304	CLINICAL NEUROLOGY& PAEDIATRICS	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT305A	COMMUNITY MEDICINE	ELECTIVE	100	30	70	-	-	-	3	1	-	4	8	
BPT 305 B	BIOENGINEERIN G	ELECTIVE	100	30	70	-	-	-	3	1	-	4	8	
BPT 306	SUPERVISED CLINICAL TRAINING	SEC	-	-	-	100	30	70	-	-	4	2	4	
BPT 307	LEADERSHIP & MANAGEMENT SKILLS	AECC	100	30	70	-	-	-	1	-	-	1	2	
BPT 308	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4	
Total		•	600			200			17	5	4	25	50	
Grand Total	800 Marks		ı						ı	ı		50 Cı	redits	

#### FOURTH YEAR

	7	THEORY					PRACTI	CAL	Т	EACHI HRS	NG	Credits	
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	T/S	P	Week /Sem.	Yearly
BPT 401	PHYSIOTHERA PY IN ORTHOPEDIC CONDITIONS	CORE	100	30	70	100	30	70	2	1	2	4	8
BPT 402	PHYSIOTHERA PY IN NEUROLOGICA L CONDITIONS	CORE	100	30	70	100	30	70	2	1	2	4	8
BPT 403	PHYSIOTHERA PY IN GENERAL MEDICINE &SURGERY	CORE	100	30	70	100	30	70	2	1	1	3.5	7
BPT 404	PHYSIOTHERA PY IN CARDIO- THORACIC CONDITIONS	CORE	100	30	70	100	30	70	2	1	1	3.5	7
BPT 405 A	COMMUNITY BASED REHABILITATI ON	ELEC TIVE	100	30	70	100	30	70	2	-	2	4	8
BPT 405 B	FIRST AID	ELEC TIVE	100	30	70	100	30	70	2	-	2	4	8
BPT 406	MINOR PROJECT & CLINICAL TRAINING	SEC	-	-	-	100	30	70	-	-	4	2	4
BPT 407	PROFESSIONAL SKILLS	AECC	100	30	70	-	-	-	1	-	-	1	2
BPT 408	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4
Total		1	600		1	700		1	12	4	12	24	48
Grand Total	1300 Mar	ks							ı	1	1	48 (	Credits

#### 6 MONTHS (180 DAYS) COMPULSORY CLINICAL INTERNSHIP & PROJECT

#### (MAJOR) SUBMISSION

			Т	HEORY	7	PRACTICAL						
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	Т	P	Credits
BPT 501	CLINICAL INTERENSHIP & PROJECT	Core	-	-	-	100	30	70	-		24	24
Total						200					24	24
Grand Total	200 Marks								24	4 Credits		

• AECC - Ability Enhancement Compulsory Course

• SEC - Skill Enhancement Course

L - No. of Lectures per week

• T - No. of Tutorial per week

• P - No. of Practical's per week

#### Note:

- A student is required to obtain min. 50% marks in individual paper (PRACTICAL AND THEORY) to pass.
- The total credit of BPT Programme is 214 Without MOOC courses. However, the minimum credit required for award of degree shall be 210.
- The credit relaxation will be applicable only on the elective course (i.e. the student can opt out only elective subject).
- Out of the total credits, 15% of the credits may be earned by the student through MOOCs (SWAYAM, NPTEL, Coursera etc.). However, the choice of online courses to be approved in advance by Dean/ HoD and Coordinator SWAYAM keeping in view the latest guidelines of the UGC/ respective regulatory body guidelines.

# 10. COURSE-WISE LEARNING OBJECTIVES, STRUCTURES AND OUTCOMES (CLOSOs)

Course learning outcomes of each course in BPT have been enshrined in the end of course contents of each course with their objectives those are in the beginning of the every course.

FIRST YEAR

	THEO	RY				PRA	CTICA	L	TEAC	HING I	HRS	CREDITS	
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	T/S	P	Week/ Sem.	Yearly
BPT 101	ANATOMY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 102	PHYSIOLOGY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 103 A	BIO-CHEMISTRY	ELECT IVE	100	30	70	-	-	-	2	-	-	2	4
BPT 103 B	ENVIRONMENTAL SCIENCE	ELECT IVE	100	30	70	-	-	-	2	-	-	2	4
BPT 104	BIOMECHANICS & KINESIOLOGY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 105	PSYCHOLOGY & APPLIED PSYCHOLOGY	SEC	100	30	70	-	-	-	2	-	-	2	4
BPT 106	SOCIOLOGY	AECC	100	30	70	-	-	-	2	-	-	2	4
BPT 107	COMMUNICATION SKILL	AECC	100	30	70	-	-	-	1	-	-	1	2
BPT 108	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4
Total			700			400		•	17	3	6	24	48
Grand Total	1100	Marks										48 Credi	ts

#### **BPT101: ANATOMY**

#### **Course Objectives:**

- Understanding of gross anatomy of various body parts.
- Application of knowledge of anatomy to learn evaluation and application of physical therapy.
- Major emphasis of learning is towards Musculo-skeletal, cardio-respiratory and nervous system

#### **Course Content:**

#### **Unit –I:** General anatomy:

Cell Parts, Name of Cytoplasm organelles and inclusion with their

function

Epithelium Types with example and light microscopic structure.

Connective Tissue Classification with emphasis on tendon

Cartilage Types with example

Bone Types with example, type of ossification (Stage of ossification

not required) blood supply, fracture repair.

Joints Classification with example, emphasis on synovial joint.

Muscles Types & Structure & Functions

Nervous Tissue Structure of a neuron, synapse reflex arc, degeneration and

regeneration of the nerve.

Embryology (a) Ovum, spermatozoa, fertilization of the firm layers and their

derivation.

(b) Development of skin, fascia, blood vessels, lymph.

(c) Development of bones, axial and apendicular skeleton and

muscles.

(d) Neural tube, brain vessels & spinal cord.

(e) Development of brain (brain stem) structures.

#### **Regional Anatomy**

#### **Unit-II:** Upper Extremity

Theory: Axilla, brachial plexus, shoulder joints, sternoclavicular joints, axillary

lymph nodes, elbow joints, superior radioulnar joints, nerves of arm and fore arm, Ulnar nerve in hand, cutaneous distribution according to dermatomes,

clinical anatomy, surface anatomy.

#### **Practical / Demonstration**

Pectoral region, axilla, scapula and clavicle, humerus, muscles of arm (front & back), radius front of forearm, muscles of palm and arterial arches, articulated hand(carpals and metacarpals, name and arrangements in order only)

#### **Unit-III: Lower Extremity**

Theory:

Lumbar plexus, inguinal group of lymph nodes, hip joint, femoral triangle and femoral sheath, knee joint, venous drainage of inferior extremity, sciatic nerve and its distribution, obturator nerve, arches of foot, midtarsal joint. Cutaneous distribution according to myotome, clinical anatomy, surface markings.

#### **Practical / Demonstration**

Hip bone, Glutei Muscles, Femur, front of thigh, back of thigh medial side of thigh, Tibia, Anterior compartment of leg, Fibula, Lateral compartment leg, back of leg, Articulated foot (identification of tarsal and meta tarsal only).

#### Abdomen and pelvis

Theory:

Abdominal wall, Inguinal canal, stomach, Liver, pancreas, kidney with ureter and spleen, small Intestine, Large Intestine, Abdominal Aorta, Portal vein, Diaphragm. Sacral plexus, Sacroiliac joint, Intervetebral disc.

#### **Practical / Demonstration**

Abdominal viscera, Sacrum, Bony pelvis, Viscera of Pelvis and Blood Vessels.

#### **Unit –IV: Thorax**

Theory:

Thoracic cage and Mediastinum, Heart with its internal and external features Bloods vessels, typical spinal Nerve, Typical Intercostals space, Mechanism of Respiration, Surface marking of Heart and Lungs.

#### **Practical / Demonstration**

Superior mediastinal structures, Sternum, Ribs (only general features), Vertebrae (identification, general features, functional components, Development, vertebral column with weight transmission), Heart, pleura & lungs.

#### Unit -V: Head & Neck

Theory:

Temporomandibular joint, Atlantoccipital and Atlantoaxial Joint, Cutaneous distribution of trigeminal Nerve.

#### **Practical / Demonstration**

Mouth cavity, Nasal cavity pharynx and Larynx (parts, sensory distrubution), Cranial bones (identification of Individual born general features, different foramina in relation to cranial fossae and their relations to brain and Hypophysis).

Identification of Anterior and Posterior triangle of Neck with their contents. Radiological Anatomy of Musculoskeletal System.

#### **Nervous System**

Theory:

General Introduction and classification, Autonomic Nervous system (Idea about Sympathetic and Para sympathetic with their difference in distribution and funtion).

Spinal cord with its Meaning, spinal Reflex, Pyramidal and Extrapyramidal tracts (Detail Nucleus not required) Blood supply.

Parts of brain, meanings, Gross discussion of hindbrain, Mid Brain (cranial Nerve Nucleus Position should be mentioned)

Fore brain – Cerebral hemisphere, functional areas and blood supply.

#### **Practical / Demonstration**

Spinal cord and parts of brain.

#### **Cranial Nerves**

Name in order, Individual cranial Nerve distribution. Idea about upper Motor Neuron and Lower Motor Neuron, applied anatomy.

#### **Histology Practical**

Epithelium (Simple, Compound)

Connective tissue (Cartilage & Bone)

Muscle (smooth & skeletal)

Nervous tissue (Neuron)

Blood vessels (Large artery and vein)

#### **Book References:-**

- 1. Grays Anatomy
- 2. Human Anatomy- Snell
- 3. Anatomy BD Chourasiya, Volume-I,II, & II
- 4. Human Anatomy Kadasemn Volume –I, II & III
- 5. Human Anatomy- Dutta

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Understand & identify all gross anatomical structures, particular emphasis will	L2
	be placed on description of bones, joints, muscles, brain, cardio-pulmonary	
	and nervous systems as these are related to the application of Physiotherapy	
CO2	Demonstrate knowledge in human anatomy as in necessary for the study and	L3
	practice of physiotherapy	
CO3	Apply information gained about human health and medical research as to its	L3
	social, environmental, and ethical implications as part of being a responsible	
	citizen	
CO4	Use scientific laboratory equipment in order to gather and analyze data on	L4
	human anatomy	
CO5	Implement the gross anatomy knowledge while treating the patients.	L3

<b>Course Delivery met</b>	hods
CD1	Lecture by use of boards/LCD projectors/OHP projectors
CD2	Anatomy LAB
CD3	Seminars
CD4	Self- learning advice using internets
CD5	Hospital visit

**Mapping of Course Outcomes onto Program Learning Outcomes** 

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	level												
CO1	L2	Н	M	Н	L	-	-	L	M	L	-	-	-
CO2	L3	Н	Н	M	Н	M	M	M	M	-	L	-	-
CO3	L3	M	Н	L	M	M	M	M	M	-	L	-	-
CO4	L4	L	-	M	M	Н	M	M	M	-	L	-	-
CO5	L3	M		Н	L	L	-	-	M	-	L	_	-

H- High, M- Moderate, L- Low, '-' for No correlation

Mapping between CO and CD

	Mapping between ee and eb	
CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2, CO3
CD2	Anatomy LAB	CO2
CD3	Seminars	CO1, CO5
CD4	Self- learning advice using internets	CO1
CD5	Hospital visit & OPD	CO2,CO3,CO4

#### **BPT102: PHYSIOLOGY**

#### **Course Objective:**

- Define homeostasis and explain how homeostatic mechanisms normally maintain a constant interior milieu.
- State the functions of each organ system of the body, explain the mechanisms by which each functions, and relate the functions and the anatomy and histology of each organ system.
- Understand and demonstrate the interrelations of the organ systems to each other.
- Predict and explain the integrated responses of the organ systems of the body to physiological and pathological stresses.
- Explain the patho physiology of common diseases related to the organ systems of the body.

#### **Course Content:**

#### **Unit-I:** General Physiology

- 1. Introduction and scope of Physiology.
- 2. Cell and tissue its structure, principal constituents, properties and function including cell division.
- 3. Body fluid.

Blood: composition and general function of plasma. Blood cells – structure and function – Red blood cell, white blood cell – including number and approximate length of life – position structure and function of cell of reticulo-endothelial system.

Blood clotting including bleeding time and clotting time, factors accelerating or slowing the process. Blood groups and their significance, Rh- factor, Hemoglobin and E.S.R.

Formation of blood, tissue fluid and lymph.

#### Unit-II: CardioVascular System and Respiratory System Physiology

4. Cardiovascular System.

Structure and properties of Heart Muscles and nerve supply of Heat.

Structure and function of arteries, capillaries and veins.

Cardiac cycle and Heart sound.

Cardiac output measurements, factors affecting Heart Rate and its regulation,

Cardiac – vascular reflexes.

Bloods pressure, its regulation, physiological variation, peripheral resistance, Factors controlling blood pressure, Hemorrhage.

ECG study. Stress and stress test.

5. Respiratory System.

Mechanism of Respiration, change in diameters of thorax – intra-pleural and intra-pulmonary pressure.

Quantities of lung volume, tidal and residual volume, vital capacity.

Gaseous inter-changes in lung and tissues.

Control of respiration – Nervous and chemical significance of change in rate and depth, transportation of oxygen and carbon-dioxide.

Respiratory states – anoxia, asphyxia, cyanosis, acclimatization.

#### **Unit-III: Physiology of Digestive Tract and Reproductory system**

6. Digestive System

General arrangements of alimentary canal, liver pancreas – position, structure and functions.

Nutrition and diet – carbohydrates, protein, fat, salt, water, vitamins and minerals digestion, Absorption and Metabolism.

7. Reproductive System.

Sex determination and development of puberty, male sex hormones, spermatogenesis, female sex hormones, menstrual cycle. Ovulation, pregnancy, Function of placenta, location.

8. Excretory System.

Gross and minute structure of kidney, renal circulation, Mechanism of formation of urine, Glomerular rate and tubular function, renal function and renal test. Physiology of micturition.

#### **Unit-IV: Physiology of Thyroid and Skin**

9. Endocrine System.

Structure and function of pituitary (anterior & posterior). Thyroid, Parathyroid, adrenal cortex, adrenal medulla, Thymus and pancreas.

Blood sugar regulation.

10. Skin – Structure and functions.

#### **Unit-V:** Neuromuscular Physiology

- 1. Cell membrane ionic and potential gradient and transport.
- 2. Muscle Types of muscular tissue Gross and microscopic structure function, Basis of Muscle contraction change in muscle contraction, Electrical Biphasic and monophasic action potentials, chemical, Thermal and physical change, Isometric and Isotonic contraction.

Motor units and its properties – clonus, tetanus, all or none law, Fatigue.

Nerve – Gross and microscopic structure of nervous tissue, one neuron – Generation of action potential – Nerve impulse – condition.

Neuromuscular junction.

Degeneration – Regeneration of peripheral nerves Wallerian degeneration, electro tonus and pflafgers law.

Types and properties, of receptions, types of sensation, synapse, reflex, are its properties occlusion, summation, sub minimal fatigue ext.

Tracts – Ascending and descending and extra pyramidal tracts.

Function of E.E.G.

Function of Cerebral cortex, cerebrum, cerebellum, Basal ganglia,

Thalamus – connection and functions.

Reticular formation – tone, posture & equilibrium, autonomic nervous system.

Special Senses Eye – Error of refraction, lesions of visual path ways.

Speech and its disorder.

Ear and vestibular apparatus, test, olfactory, somatic sensations.

#### **Practical Physiology/ Demonstration**

- 1. Hematology: RBC counts, WBC count, different count ESR, Bleeding & Clotting time, Estimation of hemoglobin, Blood groups.
- 2. Human physiology: Examination of (a) Respiratory system (b) heart and arterial pulse (c) deep and superficial reflexes (d) cranial nerves (e) motor system. (f) Sensory system including higher function (g) measurement of blood pressure.
- 3. Effect of exercises on body physiology.

#### **Book Reference:-**

- 1.Textbook of Medical Physiology Arthur Guyton(Mosby.)
- 2. Textbook of Physiology-Anand & Manchanda, Tata McGraw Hill
- 3. Human Physiology- Vol. 1&2 ,CC,Calcutta,Medical Allied
- 4. Concise Medical Physiology- Chaudhari, S.K, New Central Agency, Calcutta
- 5. Principals of Anatomy and Physiology Tortora & Grabowski- Harper Collins
- 6. Textbook of Practical Physiology- Gai Jaypee

CO	STATEMENT				
	(After completion of this course, student will be able to)	Level			
CO1	Understand the basis of normal human physiology with special emphasis on the functioning of the cardiovascular, musculo-skeletal and nervous systems.	L2			
CO2	Explain the role of body systems and mechanisms in maintaining homeostasis	L2			
CO3	Understand how abnormal Physiology affects human function and dysfunction of the human body.	L2			
CO4	Evaluate Breath sounds, Blood pressure, Respiratory rate, Heart rate and Pulmonary Function Tests	L4			
CO5	Demonstrate an understanding of elementary human physiology and Bio- Chemistry	L3			

Course Delivery methods								
CD1	Lecture by use of boards/LCD projectors/OHP projectors							
CD2	Physiology LAB							
CD3	Seminars							
CD4	Self- learning advice using internets							
CD5	Hospital visit							

**Mapping of Course Outcomes onto Program Learning Outcomes** 

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Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L2	Н	M	Н	L	L	L	M	M	L	-	ı	-
CO2	L2	Н	L	Н	M	L	L	-	M	L	-	ı	-
CO3	L2	Н	-	Н	M	L	-	-	M	L	L	ı	-
CO4	L3	M	Н	M	Н	M	M	M	M	L	-	ı	-
CO5	L3	M	M	M	L	M	M	M	M	L	L	-	-

H- High, M- Moderate, L- Low, '-' for No correlation

Mapping between CO and CD

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2
CD2	Physiology LAB	CO1,CO5
CD3	Seminars	CO1, CO2
CD4	Self- learning advice using internets	CO1,CO2
CD5	Hospital visit & OPD	CO4,CO3,CO5

#### **BPT103A: BIO-CHEMISTRY**

#### **Course Objectives:**

- To understand the biochemical basis of life sciences.
- To understand the different lab tests and test significances.
- To understand the biological and biochemical processes.

#### **Course Content:**

#### **Unit-I:** Bio – Physics And Cell Chemistry

Concepts of PH and buffer, Acid – base equilibrium, osmotic pressure and its physiological applications.

Morphology, structure and function of cell, cell membrane, Nucleus, Chromatin, Mitochondria reticulum, Ribosome.

#### Unit-II: Carbohydrates, Lipids, Proteines & Metabolism

Definition, Function, Source, classification, & metabolism.

#### **Unit-III: Vitamins**

Classification, Fat soluble vitamins – A, D, E, K, Water soluble vitamins –B Complex and Vitamin C. Daily requirement, physiological functions and diseases of vitamin deficiency

#### Unit-IV: Water and Electrolytes & Minerals Metabolism Process

Fluid compartment, Daily intake and output, Dehydration, sodium and potassium Metabolism.

#### **Unit- V:** Mineral Metabolism & Hormones

Iron, Calcium, Phosphorous, Trace elements.

General Characteristic and Mechanism of Hormone actions.

#### **Books Reference -**

- 1. Text Book of Biochemistry by Harbanslal
- 2. Essentials of medical biochemistry by R.C. Gupta
- 3. Harper's Illustrated Biochemistry by Murry et.al.26 Ed.
- 4. Text Book of Biochemistry by D.M. Vasudevan and sreekumari S. 4<sup>th</sup> Ed.
- 5. Biochemistry by U. Satyanarayana II Ed.

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Demonstrate comprehensive understanding of biochemistry	L2
CO2	Acquire the knowledge in biochemistry that are required to be practiced in community and at all levels of health care system	L1
CO3	Understand relevant investigations which will help to know about the important medical conditions.	L2
CO4	Identify various nutritional disorders in physiotherapeutics system of medicine	L3
CO5	Interpret the common clinical biochemistry investigations report of patients in clinics and Hospitals.	L4

Course Delivery methods							
CD1	Lecture by use of boards/LCD projectors/OHP projectors						
CD2	Tutorials/Assignments						
CD3	Seminars						
CD4	Self- learning advice using internets						
CD5	Hospital visit						

**Mapping of Course Outcomes onto Program Learning Outcomes** 

Course Outcome	Bloom's Level	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L2	Н	L	L	-	-	L	-	M	L	L	-	-
CO2	L1	M	M	Н	L	-	-	-	M	L	M	-	-
CO3	L2	M	L	Н	Н	M	Н	-	M	L	M	-	-
CO4	L3	M	L	Н	M	Н	M	-	M	L	L	-	-
CO5	L4	Н	Н	Н	M	Н	Н	M	M	L	Н	-	-

H- High, M- Moderate, L- Low, '-' for No correlation

Mapping between CO and CD

CD	<b>Course Delivery methods</b>	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1,CO2,CO3
CD4	Self- learning advice using internets	CO1,CO2
CD5	Hospital visit & OPD	CO4,CO5

#### **BPT103B: ENVIRONMENTAL SCIENCE**

#### **Course Objectives:**

- Understand core concepts and methods from ecological and physical sciences and their application in environmental problem-solving.
- imparting basic knowledge about the environment and its allied problems
- to understand how we as humans interact with the environment, and also to determine how we affect the environment.

#### **Course Content:**

#### **Unit-I:** Fundamentals of Environmental Sciences

- Definition, Principles and Scope of Environmental Science. Structure and composition of atmosphere, hydrosphere, lithosphere and biosphere.
- Laws of thermodynamics, heat transfer processes, mass and energy transfer across various interfaces, material balance.
- Meteorological parameters pressure, temperature, precipitation, humidity, mixing ratio, saturation mixing ratio, radiation and wind velocity, adiabatic lapse rate, environmental lapse rate. Wind roses. Interaction between Earth, Man and Environment.

#### **Unit-II:** Environmental Chemistry

- Fundamentals of Environmental Chemistry: Classification of elements, Stoichiometry, Gibbs' energy, chemical potential, chemical kinetics, chemical equilibria, solubility of gases in water, the carbonate system, unsaturated and saturated hydrocarbons, radioisotopes. Composition of air.
- Particles, ions and radicals in the atmosphere. Chemical speciation. Chemical processes in the formation of inorganic and organic particulate matters, thermochemical and photochemical reactions in the atmosphere, Oxygen and Ozone chemistry.

#### **Unit-III: Environmental Biology**

- Ecology as an inter-disciplinary science. Origin of life and speciation. Human Ecology and Settlement.
- Ecosystem Structure and functions: Structures Biotic and Abiotic components. Functions Energy flow in ecosystems, energy flow models, food chains and food webs. Biogeochemical cycles, Ecological succession. Species diversity, Concept of ecotone, edge effects, ecological habitats and niche.

#### **Unit-IV: Environmental Geosciences**

 Distribution of water in earth, hydrology and hydrogeology, major basins and groundwater provinces of India, Darcy's law and its validity, groundwater fluctuations, hydraulic conductivity, groundwater tracers, land subsidence, effects of

- excessive use of groundwater, groundwater quality. Pollution of groundwater resources, Ghyben-Herzberg relation between fresh-saline water.
- Natural resource exploration and exploitation and related environmental concerns. Historical perspective and conservation of non-renewable resources.
- Natural Hazards: Catastrophic geological hazards floods, landslides, earthquakes, volcanism, avalanche, tsunami and cloud bursts. Prediction of hazards and mitigation of their impacts.

#### **Unit-V: Energy and Environment**

- Sun as source of energy; solar radiation and its spectral characteristics. Fossil fuels: classification, composition, physico-chemical characteristics and energy content of coal, petroleum and natural gas. Shale oil, Coal bed Methane, Gas hydrates. Gross-calorific value and net-calorific value.
- Principles of generation of hydro-power, tidal energy, ocean thermal energy conversion, wind power, geothermal energy, solar energy (solar collectors, photo-voltaic modules, solar ponds).
- Nuclear energy fission and fusion, Nuclear fuels, Nuclear reactor principles and types. Bioenergy: methods to produce energy from biomass.

#### **Books Recommended:-**

- Environmental science by Y K Science
- Fundamentals of environmental studies by Mahua basu

CO	STATEMENT	Bloom's				
	(After completion of this course, student will be able to)	Level				
CO1	Demonstrate comprehensive understanding of environmental science	L2				
CO2	Acquire the knowledge in environmental science that are required to be practiced in community and at all levels of health care system					
CO3	Appreciate concepts and methods from ecological and physical sciences and their application in environmental problem solving.	L2				
CO4	Appreciate the ethical, cross-cultural, and historical context of environmental issues and the links between human and natural systems.	L3				
CO5	Imparting basic knowledge about the environment and its allied problems.	L4				

Course Delivery methods							
CD1	Lecture by use of boards/LCD projectors/OHP projectors						
CD2	Tutorials/Assignments						
CD3	Seminars						
CD4	Self- learning advice using internets						
CD5	Hospital visit						

**Mapping of Course Outcomes onto Program Learning Outcomes** 

Course Outcome	Bloom's Level	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	L2	Н	L	L	-	-	L	-	M	L	L	-	-
CO2	L1	M	M	Н	L	1	-	1	M	L	M	1	1
CO3	L2	M	L	Н	Н	M	Н	-	M	L	M	-	-
CO4	L3	M	L	Н	M	Н	M	-	M	L	L	-	-
CO5	L4	Н	Н	Н	M	Н	Н	M	M	L	Н		-

H- High, M- Moderate, L- Low, '-' for No correlation

## Mapping between CO and CD

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1,CO2,CO3
CD4	Self- learning advice using internets	CO1,CO2
CD5	Hospital visit & OPD	CO4,CO5

#### **BPT104: BIOMECHANICS & KINESIOLOGY**

#### **Course Objective:**

- To understand the biomechanical principles.
- To understand structure and function of human body.
- To understand application of various Biomechanical modalities

#### **Course Content:**

#### **Unit-I:** I. Essential Concepts

- i. Motion and forces, Axis and planes, Mechanical lever, Lever in Human body.
- ii. Force distribution linear force, resultant force & Equilibrium, parallel force in one concurrent force.
- iii. Newton's laws Gravity and its effects on human body
- iv. Moments
- v. Forces and moments in action
- vi. Concepts of static equilibrium and dynamic equilibrium
- vii. Composition and resolution of forces
- viii. Friction

#### Unit-II: II. Joints, Muscles & Nerve Structure & Function & Kinematical concepts

- i. Basic principles general properties & function
- ii. Types / classification
- iii. Biomechanical properties
- iv. General effects of diseases, injury and immobilization

#### **Unit-III:** Kinetic aspects of limb movement

Biomechanics of Upper Extremity

- i. Scapulo shoulder joint
- ii. Elbow joint
- iii. Wrist joint & Hand
- iv. Motion of hip & pelvis
- v. Force of hip & pelvis
- vi. Motion of knee joint
- vii. Force of knee joint
- viii. Patellofemoral joint
- ix. Ankle and foot Kinematics
- x. Motion of ankle
- xi. Force of ankle joint
- xii. Temporomandibular joint

#### **Unit-IV: Vertebral Column**

- i. General structure and function of cervical, thoracic, lumber & sacral vertebral.
- ii. Movements of vertebral column.
- iii. Thorax & chart wall structure, function.
- iv. Effects of age, diseases, injury.

#### **Unit-V:** Biomechanics of Posture & Gait

- i. Gait cycle
- ii. Parameters of gait
- iii. Mykinetics of human gait
- iv. Gait deviations
- v. Crutch and cane exercises
- vi. Anatomical aspects of posture
- vii. Factors affecting posture
- viii. Assessment of posture
- ix. Types of posture
- x. Postural deviation

#### **Books Recommended:**

- 1. Joint Structure and Function A Comprehensive Analysis Norkins & Levangie F.A. Davis.
- 2. Measurement of Joint Motion A Guide to Goniometry Norkins & White F.A. Davis.
- 3. Brunnstrom's Clinical Kinesiology Smith et al F.A. Davis.
- 4. Basic Biomechanics explained Low & Reed Butterworth Heinemann.
- 5. Kinesiology: Applied to Pathological Motion Soderberg Lippincott

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Analyze normal human movement from a global perspective, integrating biomechanics, muscle mechanics and motor control theory	L4
CO2	Experience quantitative methods of movement analysis of spine by using various methods	L4
CO3	Explain the kinetics and kinematics of upper limb and lower limb	L2
CO4	Evaluation methods of the musculoskeletal system	L5
CO5	Utilize quantitative methods of Gait &Posture analysis using various methods in physiotherapy	L3

Course Delivery methods					
CD1	Lecture by use of boards/LCD projectors/OHP projectors				
CD2	Tutorials/Assignments				
CD3	Seminars				
CD4	Self- learning advice using internets				
CD5	Lab and OPD teachings				

**Mapping of Course Outcomes onto Program Learning Outcomes** 

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Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L4	M	M	Н	M	L	Н	L	M	L	L	1	L
CO2	L4	Н	M	Н	M	Н	L	L	M	L	M	1	L
CO3	L2	M	M	Н	M	Н	L	L	M	L	M	-	L
CO4	L5	Н	M	Н	Н	Н	L	L	M	L	M	1	L
CO5	L3	Н	M	Н	M	M	Н	L	M	L	M	-	L

H- High, M- Moderate, L- Low, '-' for No correlation

Mapping between CO and CD

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1
CD4	Self- learning advice using internets	CO1,CO2,CO3
CD5	Lab and OPD teaching	CO3,CO4,CO5

#### **BPT105: PSYCHOLOGY & APPLIED PSYCHOLOGY**

#### **Course Objectives:**

- Define the term Psychology& its importance in the Health delivery System & will gain knowledge of Psychological maturation during human Development & growth & alterations during aging process.
- Understand the importance of psychological status of the person in Health &disease, environmental &emotional influence on the mind & personality.
- Acquire the Knowledge as to how to deal with the patients.
- Socioeconomic and cultural issues related to morbidity owing to the physical disability and handicaps.

#### **Course Content:**

#### Unit-I: I. General Psychology

- 1) Definition of Psychology
  - i. Science of mind consciousness and behavior
  - ii. Scope and branches of Psychology
- 2) Methods of Introspection, observation and experimentation
- 3) Heredity and Environment
  - i. Relative importance of heredity and environment
  - ii. Physical characteristics intelligence and personality
  - iii. Nature vs. nurture controversy

#### **Unit-II:** Theories of Learning, Memory and Perception

4) Learning

Types of Learning

- i. Trial and error
- ii. Classical Learning
- iii. Instrumental Learning
- iv. Insight for Learning
- 5) Memory
  - i. Step of memory
  - ii. Measurement of memory
  - iii. Causes of forgetting
  - iv. Concept of STM and LTM
- 6) Perceptual process
  - i. Nature of perceptual process
  - ii. Structural and function factors in perception
  - iii. Illusion and Hallucination

#### **Unit-III: Psychology of Emotion, Motivation and Intelligence**

- 7) Emotion
  - i. Emotion and feeling

- ii. Physiological changes
- iii. Theories of emotion (James Lange and Eonnon Bird)
- 8) Motivation
  - iv. Motive need and Drive
  - v. Types of motive physiological, psychological and social
- 9) Intelligence

Definitions theory and assessment

10) Personality: Definition, Types and measurements

#### Unit-IV: II. Applied Psychology

Section – A Industrial Psychology

1. Human Engineering

Importance of human Engineering

Development of human Engineering

Problems in human Engineering

2. Decision Making

Process and steps indecision making

Individual decision -making

Decision making in organization

3. Stress and mental health

Cause and reaction to stress

Stress management

- 4. Work Culture, moral and rewards of work discipline
- 5. Guidance and counseling

Meaning, types and objectives of counselor

6. Child Psychology

Concepts of child Psychology

- i. Meaning nature and subject matter of child Psychology
- ii. Practical importance of studying child Psychology for rehabilitation professionals

#### **Unit-V:** Rehabilitation Psychology

Interpersonal Relationships, familial & Social Relationships, acceptance about the disability – its outcome in relation to different diagnostic categories psychological aspects of multiple handicapped, contribution of psychology in Total Rehab.

#### **Books Recommended:**

- 1. Introduction to psychology- Mums- I.D.P. Co.
- 2. Foundation of psychology- Weld- Publishing house, Bombay.
- 3. Introduction to social psychology- Akolkar- Oxford publishing house.
- 4. Psychology and sociology Applied to Medicine Porter & Alder W.B.Saunders.
- 5. Behavioral Science for Medical undergraduates Manju Mehta Jaypee Brothers
- 6. Elementary Psychology Mohsin Moti Lal Banarsi Dass, Delhi.

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Understand the elementary principles of behavior for applying in the therapeutic environment.	L2
CO2	Know about psychology and its importance in the health care delivery system and gain knowledge of psychological maturation during human development, growth and alteration during ageing process.	L1
CO3	Recognize and help with the psychological factors involved in disability, pain, disfigurement, unconscious patients, chronic illness, death, bereavement and medical-surgical patients/conditions	L2
CO4	Perform psychosocial assessment of patients in various developmental stages, understand the concept of stress and its relationship to health, sickness and one's profession and learn counselling techniques to help those in need.	L3
CO5	Implementation of various techniques and therapies in the treatment / management of clinical disorders	L3

Course Delivery methods									
CD1	Lecture by use of boards/LCD projectors/OHP projectors								
CD2	Tutorials/Assignments								
CD3	Seminars								
CD4	Self- learning advice using internets								

		11 0											
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	P07	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L2	Н	Н	Н	M	L	L	M	M	L	L	1	-
CO2	L1	Н	Н	M	L	Н	L	M	M	L	L	-	-
CO3	L2	M	Н	Н	L	-	-	Н	M	L	L	1	-
CO4	L3	M	Н	Н	-	Н	L	M	M	L	M	-	-
CO5	L3	Н	M	Н	M	M	L	L	M	L	M	1	-

H- High, M- Moderate, L- Low, '-' for No correlation

	11 9	
CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO3,CO4
CD2	Tutorials/Assignments	CO1,CO4
CD3	Seminars	CO1, CO2
CD4	Self- learning advice using internets	CO1,CO4,CO4,CO5

#### **BPT106: SOCIOLOGY**

#### **Course Objectives:**

- To introduce students to the basic social processes of society, social institutions and patterns of social behavior.
- To train students to understand and to interpret objectively the role of social processes, social institutions and social interactions in their lives.
- Engage in activities that contribute to the betterment of society and behave ethically and responsible in social environment.

#### **Course Content:**

#### Unit-I: A. Introduction

Definition of sociology. Sociology as a science, uses of study of Sociology, application of knowledge of sociology in Occupation Therapy.

### Unit-II: B. Sociology and Health

Social factors affecting health status, health determinants, issues of right to health, social consciousness and perception of illness, social consciousness and meaning of illness, decision making in taking treatment. Institution of health their role in the improvement of health and the people.

#### **Unit-III: C. Socialization & Social Groups**

Meaning of socialization, gender, relationship between gender and society, influence of social factors on personality, socialization in hospital and socialization in rehabilitation of patients.

## **Social groups**

Concepts of social group & influence of formal and informal groups on health and sickness, the role of primary groups and secondary group in the hospital and rehabilitation setting

#### Unit-IV: D. Family

Influence of family on human personality, discussion of changes in the function of a family, influence of family on the individual's family and psychosomatic disease, human values.

### Unit-V E. Social problems of the disabled

Consequences of the following social problems in relation to sickness and disability, remedies to prevent these problems:

Population explosion

Poverty and unemployment

Beggary

Juvenile delinquency

Prostitution

Alcoholism

Problems of women in employment

#### **Books Recommended**

- 1. Introduction to psychology- Mums- I.D.P. Co.
- 2. Foundation of psychology- Weld- Publishing house, Bombay.
- 3. Introduction to social psychology- Akolkar- Oxford publishing house.
- 4. Psychology and sociology Applied to Medicine Porter & Alder W.B.Saunders.
- 5. Behavioral Science for Medical undergraduates Manju Mehta Jaypee Brothers
- 6. Elementary Psychology Mohsin Moti Lal Banarsi Dass, Delhi.

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Explains the role of sociology and its application	L2
CO2	Summarize an understanding of the role of socio-cultural factors as determinants of health and behavior in health and sickness.	L2
CO3	Relate to therapeutic situations in the practice of physiotherapy	L4
CO4	Understand the role of family and community in the development of behaviors	L2
CO5	Develop a holistic outlook toward the structure of society and community resources	L2

Course Deli	very methods								
CD1	ecture by use of boards/LCD projectors/OHP projectors								
CD2	Tutorials/Assignments								
CD3	Seminars								
CD4	Self- learning advice using internets								
CD5	Community centre visits								

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L2	Н	Н	Н	M	L	L	M	M	L	L	-	L
CO2	L2	Н	Н	M	L	Н	L	M	M	L	L	-	L
CO3	L4	M	Н	Н	L	-	1	Н	M	L	L	-	L
CO4	L2	M	Н	Н	-	Н	L	M	M	L	-	-	L
CO5	L2	Н	Н	M	-	L	-	-	M	L	Н	-	L

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO5
CD2	Tutorials/Assignments	CO1
CD3	Seminars	CO1, CO2,CO5
CD4	Self- learning advice using internets	CO1
CD5	Hospital visit & OPD	CO3,CO4

#### **BPT 107: COMMUNICATION SKILLS**

**Duration: 60 Hours** 

#### **Context:**

In today's world of computers and digital media, a strong communication skill base is essential for learners and for smooth functioning of an organization.

#### **Objectives:**

- To identify common communication problems that may be holding learners back
- To identify what their non-verbal messages are communicating to others
- To understand role of communication in teaching-learning process
- To learn to communicate through the digital media
- To understand the importance of empathetic listening
- To explore communication beyond language.
- Module Outline:

#### **Module 1: Listening**

- Techniques of effective listening
- Listening and comprehension
- Probing questions
- Barriers to listening

#### **Module 2: Speaking**

- Pronunciation
- Enunciation
- Vocabulary
- Fluency
- Common Errors

#### **Module 3: Reading**

- Techniques of effective reading
- Gathering ideas and information from a given text
  - i. Identify the main claim of the text
  - ii. Identify the purpose of the text
  - iii. Identify the context of the text
  - iv. Identify the concepts mentioned
- Evaluating these ideas and information
  - i. Identify the arguments employed in the text

- ii. Identify the theories employed or assumed in the text
- Interpret the text
  - i. To understand what a text says
  - ii. To understand what a text does
  - iii. To understand what a text means

### Module 4: Writing and different modes of writing

- Clearly state the claims
- · Avoid ambiguity, vagueness, unwanted generalizations and oversimplification of issues
- Provide background information
- Effectively argue the claim
- Provide evidence for the claims
- Use examples to explain concepts
- Follow convention
- Be properly sequenced
- Use proper signposting techniques
- · Be well structured
  - i. Well-knit logical sequence
  - ii. Narrative sequence
  - iii. Category groupings
- Different modes of Writing
  - i. E-mails
  - ii. Proposal writing for Higher Studies
  - iii. Recording the proceedings of meeting
  - iv. Any other mode of writing relevant for learners

#### **Module 5: Digital Literacy 4 Hours**

- Role of Digital literacy in professional life
- Trends and opportunities in using digital technology in workplace
- Internet Basics
- Introduction to MS Office tools
  - i. Paint
  - ii. Office
  - iii. Excel
  - iv. PowerPoint

#### Module 6: Effective use of Social Media

• Introduction to social media websites

# B.P.T.

- Advantages of social media
- Ethics and etiquettes of social media
- How to use Google search better
- Effective ways of using Social Media
- · Introduction to Digital Marketing

#### **Module 7: Non-verbal communication**

- Meaning of non-verbal communication
- Introduction to modes of non-verbal communication
- Breaking the misbelieves
- Open and Closed Body language
- Eye Contact and Facial Expression
- Hand Gestures
- Do's and Don'ts
- Learning from experts
- · Activities-Based Learning

## **Bibliography:**

- Sen Madhucchanda (2010), An Introduction to Critical Thinking, Pearson, Delhi
- Silvia P. J. (2007), How to Read a Lot, American Psychological Association, Washington D

# B.P.T.

## **Course Outcome:**

CO1: Understanding of what good communication skills are and what they can do to improve their abilities.(Bloom's Level-L2)

CO2: Create a level of learning that shall become a personal asset in the field of communication. (Bloom's Level –L6)

# **Mapping of Course Outcomes onto Program Learning Outcomes**

Course Outcome	Bloom's Level	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	L2	-	L	-	-	-	-	-	Н	-	-	-	-
CO2	L6	-	M	-	-	-	-	-	Н	-	-	-	-

	Course Delivery Methods									
CD1	Lecture by use of boards/LCD projectors/OHP projectors									
CD2	Tutorials/Assignments									
CD3	Seminars									
CD4	Self- learning advice using internets									
CD5	Computer Lab									

CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2
CD2	Tutorials/Assignments	CO1, CO2
CD3	Seminars	CO1
CD4	Self- learning advice using internets	CO1, CO2
CD5	Computer Lab	CO1

#### **BPT-108: ANANDAM**

#### **Duration: 64 Hours**

#### **Course Objectives:**

- To instill the joy of giving in young people, turning them into responsible citizens to build up a better society.
- To inculcate the habit of service in students across the University...
- Students to be excepted to engage in individual and group acts of service and goodness.

#### **Action Plan:**

#### 1. Students will be expected to

- > Do at least one act of individual service each day
- Record this act of service in a dedicated Register / Personal Diary
- ➤ Share this Register / Personal Diary day in the 30 minute Anandam time a lot dedicated by the University
- ➤ Undertake one group service project for 64 hours every term (outside college hours)
- ➤ Upload the report on the group project on the Anandam platform
- Participate in a sharing and presentation on the group service in the discussion sessions held once a month
- ➤ (there will be some suggested projects and organizations that students can work with. Students can also suggest their own projects which others can join)

#### 2. Inputs

#### A. From the Anandam Platform

- a. An online platform to manage and share service opportunities
- b. A list of suggested programs or volunteering organizations.
- c. Training for faculty members on how to facilitate the Anandam program

# B. From the University

- a. Faculty will review every student's Register / Personal Dairy to see if they recorded an act of goodness for that day
- b. The act of goodness will not be evaluated, just if it was recorded or not
- c. The faculty will mentor the group service projects. They will strive to mobilize the required resources and support for the group service projects.
- d. Mentors to guide and review the student's activities on an regular basis
- e. There will be one Anandam coordinator to monitor the program in every University.

# **B.P.T.**

## 3. Outcomes

Each student will finish the year with a portfolio of giving. This will include their Register / Personal Diaries and their reports on group service projects.

CO1: Develop a great sense of understanding towards social issues.(Bloom's Level- L2)

CO2: Able to engage in individual and group acts of service and goodness.( Bloom's Level- L3)

Course Outcome	Bloom's Level	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	L2	L	-	-	-	-	-	-	-	-	Н	-	-
CO2	L3	L	-	-	-	-	-	-	-	-	Н	-	-

# SECOND YEAR

	TH	HEORY				PRACTICAL			TEACHING HRS			CREDITS	
Code No.	Paper	Туре	Tota l	IA	EA	Tota l	IA	EA	L	T/S	P	Week/ Sem.	Yearly
BPT 201	PATHOLOGY & MICRO- BIOLOGY	Core	100	30	70	-	-	-	4	-	-	4	8
BPT 202 A	PHARMACOLO GY	ELECTIVE	100	30	70	-	-	-	2	-	-	2	4
BPT 202 B	COMPUTER SCIENCE	ELECTIVE	100	30	70	-	-	-	2	-	-	2	4
BPT 203	EXERCISE THERAPY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 204	ELECTROTHER APY	Core	100	30	70	100	30	70	3	1	2	5	10
BPT 205	RESEARCH METHDOLOG Y & BIO- STATISTICS	Core	100	30	70	-	-	-	3	-	-	3	6
BPT 206	UNIVERSAL HUMAN VALUES	AECC	100	30	70	-	-	-	1	-	-	1	2
BPT 207	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4
Total			600			300			17	2	4	22	44
Grand Total	900 Mai Credits	·ks											44

#### **BPT201: PATHOLOGY and MICRO BIOLOGY**

### **Course Objectives:**

- Acquire the knowledge of concepts of cell injury and changes produced in different tissues and organs.
- Acquire the knowledge of concepts of Neoplasia with reference to the Etiology gross and microscopic features diagnosis and prognosis in different tissues and organs of the body.
- Correlate normal and altered morphology of different organ systems in different diseases needed for understanding disease process and their clinical significance (with special emphasis on neuro-Musculo- skeletal and cardio-respiratory system).

#### **Course Content:**

#### **Unit-I:** Introduction to Pathology and Cell Injury

- 1. Aims and objectives of study of pathology.
- 2. Brief outline of cell injury, degeneration, necrosis and gangrene.

#### Unit-II: General Pathology of Inflammatory Process and Circulatory System disorders

- 3. Inflammation: definition, vascular and cellular phenomenon difference between transudates and exudates. Granuloma.
- 4. Circulatory disturbances: Hemorrhage, Embolism Thrombosis Infarction, Shock, Volkmann's ischemic contracture.
- 5. Blood disorder: Anemia, Bleeding disorder.

#### **Unit-III: Pathology of Cardiovascular and Respiratory System**

- 6. CVS: Heart and blood vessels, Coronary heart disease.
- 7. Respiratory System: Ch. Bronchitis, Asthma Bronchiectasis, Emphysema, COPD etc.

#### Unit-IV: Pathology of Skeletal System and Nervous System

- 8. Bones and Joint : Arthritis & Spondyloarthropathy
- 9. PNS and Muscles: Neuropathies, Poliomyelitis & Myopathies etc.
- 10. CNS: Infection, Demyelinating disease, Degenerative disease etc.

#### **Unit-V:** General Pathology of Neoplasm and Bodily Disorders

- 11. Neoplasia
- 12. Growth and its disorder like hypertrophy hyperplasia & atrophy.
- 13. Autoimmune diseases.
- 14. Healing and repair.
- 15. Diabetes mellitus and gout.

#### **MICROBIOLOGY**

## **Unit-I:** Introduction to Microbiology

- 1. Introduction and History of Microbiology
- 2. General lectures on Microorganisms (brief)

#### **Unit-II:** Process of sterilization and Infection control

- 3. Sterilization and asepsis.
- 4. Infection Source of infection and entry and its Spread

#### **Unit-III: Immunity and Allergic Reactions**

- 5. Immunity Natural and Acquired
- 6. Allergy and hypersensitivity.

## Unit-IV: Microbiology of Pathogens and Pathogenic Processes

- 7. Outline of common pathogenic bacteria and produced by them.
  - a) Respiratory tract infection
  - b) Meningitis.
  - c) Enteric infections.
  - d) Anaerobic infections
  - e) Urinary tract infections
  - f) Leprosy, tuberculosis and miscellaneous infections.
  - g) Wound infection
  - h) Sexually transmitted diseases.
  - i) Hospital acquired infections.

#### **Unit-V:** Microbiology of Viruses and Its Infections

- 8. Virology virus infection, with special mention of Hepatitis.
- 9. Poliomyelitis & rabies.

#### **Books Recommended:**

- 1. Text book of pathology for dental student by harsh Mohan
- 2. Basic pathology by cotran Kumar Robbins.
- 3. Text book of microbiology for dental student by baveja
- 4. Text book of medical microbiology by Rajesh Bhatia
- 5. Textbook of medical microbiology by Arora & Arora

CO	STATEMENTS (After completion of this course, student will be able to)	Bloom's Level
~~~		
CO1	Learn the pathological changes in various conditions, diseases and disorders, which are commonly treated by physiotherapy.	L1
CO2	Demonstrate an understanding of the pathology of common diseases	L2
	that therapists would encounter in their daily practice	
CO3	Understanding of core concepts of microbiology	L2
CO4	Know the methods used in study bacteria and can classify them.	L2
CO5	Understand the various pathogens of humanity like bacteria's,	L2
	viruses and fungi.	

Course Do	elivery methods
CD1	Lecture by use of boards/LCD projectors/OHP projectors
CD2	Tutorials/Assignments
CD3	Seminars
CD4	Self- learning advice using internets
CD4	Laboratory teaching

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L1	Н	M	Н	L	-	L	L	M	L	L	1	-
CO2	L2	Н	L	M	L	-	-	-	M	L	L	ı	-
CO3	L2	Н	L	M	1	L	-	-	M	L	-	ı	-
CO4	L2	Н	M	M	L	L	L	-	M	L	L	-	-
CO5	L2	Н	L	Н	L	-	-	-	M	L	-	-	-

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2,CO4
CD2	Tutorials/Assignments	CO1,CO3
CD3	Seminars	CO1,CO2,CO3
CD4	Self- learning advice using internets	CO1,CO2,CO3,CO4
CD5	Laboratory teaching	CO2,CO3,CO5

#### **BPT-202A: PHARMACOLOGY**

#### **Course Objectives:**

- To understand pharmaco-kinetics, pharmaco-dynamics.
- Usage of common drugs with indications, contra-indications, side-effects.
- Course is not prescription oriented.
- To understand the drug action that may affect the physical therapy treatment.

#### **Course Content:**

#### **Unit-I:** Introduction to Pharmacology

1. General pharmacology:

Introduction and definition, Nature and source of drugs, Dosage form of drugs' Routes of drug administration, Pharmacokinetics (Absorption, Bioavailability, Distribution, Metabolism Excretion, First order Zero order Kinetics), Pharmacodynamics (site and mechanism of drug and factors influencing dosage and drug response).

#### **Unit-II: Pharmacology of Nervous System**

- 2. **Drugs Affecting ANS:-** General Introduction, Drug affecting parasympathetic nervous system, Drugs affecting sympathetic nervous systems.
- 3. **Drugs affecting Peripheral (Somatic) nervous System:-** Skeletal Muscle Relaxants: Local Anesthetics.
- 4. **Drugs Affecting CNS:** General anesthetics Anxiolytics and hypnotics, Alcohal, Opioid analgesics Drugs dependence and abuse Antiepileptic drugs, Drug therapy for Neurodegenerative disorders.

#### Unit-III: Pharmacology of Cardiovascular, Respiratory and Renal System

- 5. **Renal and CVS:** Diuretics: Renin angiotension system and its inhibitors, Drug treatment of Hypertension, Angina pectoris Myocardial infarction Heart failure, and hypercholesterolemia.
- 6. **Drugs Affecting Respiratory system:** Drug therapy of bronchial asthma and chronic obstructive pulmonary disease.

### **Unit-IV: Drugs of Inflammation and Endocrine Disorders**

- 7. **Anti inflammatory drugs and related autacoids: -** Histamine Bradykinin, 5 HT and their antagonists, Prostaglandins and leukotrienes, Nonsteroidal-Antiinflammatory drug(NSAIDs), Anti rheumatic drugs and drugs used in gout.
- 8. **Endocrines:** Parathyroid hormone, Vitamin D, calcitonin and drugs affecting Calcium balance, Thyroid and antithyroid drugs, Adrenocortical and anabolic steroids, Insulin and Oral Hypoglycemic agents.

## **Unit-V: Pharmacology of Cancer and General Ailments**

- 9. **Chemotherapy:** Introduction, sulfonamides, Fluoroquionolones, penicillin, Cephalosporism, newer B lactam antibiotic, aminoglycosides, Macrolides and Newer antibiotics, Teatracyclines, Chloramphenicol Chemotherapy of Tuberculosis and leprosy antiseptics disinfectants.
- 10. **Miscellaneous Topics**: Management of stroke, Toxicology and heavy metal poisoning, special aspects of paedicatric and geriatric Pharmacology, Drug interaction with drugs commonly used by physiotherapists, Hematinics, vitamins and antioxidants.

#### **Books Recommended:**

- 1. Essentials of pharmacology by Surendra Singh
- 2. pharmacology by Bhattacharya Sen ray choice editor P.K. Das
- 3. Clinical Pharmacology by Sennet.

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Possess a relevant knowledge in basic principles of pharmacology and its recent advances	L1
CO2	Understand the basic pharmacology of common drugs used, their importance in the overall treatment including Physiotherapy	L2
CO3	Understand the general principles of drug action on the gastric system of body.	L2
CO4	Understand the general principles of various antibiotics and the handling of drugs by the body.	L2
CO5	Relate the contribution of both drug and physiotherapy factors in the outcome of treatment.	L4

Course Delivery m	nethods						
CD1 Lecture by use of boards/LCD projectors/OHP projectors							
CD2 Tutorials/Assignments							
CD3	Seminars						
CD4	Self- learning advice using internets						

					0								
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L1	M	M	Н	1	L	-	L	M	L	-	-	-
CO2	L2	Н	M	Н	L	Н	L	L	M	L	L	-	-
CO3	L2	L	M	Н	M	L	L	L	M	M	L	-	1
CO4	L2	Н	M	Н	L	M	L	L	M	Н	L	-	-
CO5	L4	M	M	M	Н	Н	Н	Н	M	M	M	-	-

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2,CO3,CO3,CO5
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1
CD4	Self- learning advice using internets	CO1,CO2,CO3,CO4

#### **BPT202B: COMPUTER SCIENCE**

## **Course Objective:**

- understand the fundamental principles of computer science, and continue to develop their technical competencies.
- Develop in them the skill of thinking and analyzing
- ability to identify, formulate, and develop solutions to computational challenges.

#### **Course Content:**

- **Unit-I:** Basic Structure of Computers (Qualitative Discussion) Computer Types, Basic Functional Units, Basic Operational Concept, Bus Structure, Software, Performance, Multiprocessor and Multicomputer, IAS Computer, Historical perspectives.
- **Unit-II:** Register Transfer and Micro-operation Register Transfer Language, Register Transfer, Bus and Memory Transfers, Three State Bus Buffers, memory Transfer, Arithmetic and Logical micro-operations, Shift and Arithmetic shifts.
- Unit-III: Basic Computer Organization and Design Instruction Codes, Stored Program Organization, Indirect Address, Computer Registers, Common Bus System, Computer Instruction, Timing and Control, Instruction Cycle, fetch Decode, Register Reference Instructions, Memory Reference Instruction, Input-Output and Interrupt, Design of Basic Computer, Design of Accumulator Logic.
- Unit-IV: CPU Organization Arithmetic and Logic Unit (ALU)- Combinational ALU, 2'S Complement Addition, Subtraction Unit, Booths Algorithm for Multiplication, Division Hardware using Restoration Division Algorithm. General register organization, Control Word, Accumulator Based, Register Based, Stack Type CPU organization.
- **Unit-V:** Introduction to C++: Principles Of Object Oriented Programming (Oop) Software Evolution Oop Paradigm Basic Concepts Of Oop, Benefits Of Oop Applications Of Oop. Tokens, Keywords, Identifiers, Variables, Operators, Manipulators, Expressions and Control Structures in C++

#### **Books Recommended:**

- A Textbook for beginners in informatics 'introduction to computer science' by Gilbertbrands
- Computer fundamentals by Pradeep K Sinha
- Computer science handbook ALLEN B TUCKER

CO	STATEMENTS (After completion of this course, student will be able to)	Bloom's Level
CO1	Possess a relevant knowledge in basic principles of computer science and its recent advances	L1
CO2	Understanding the role of computer technology including computer organization, computer operating system and software, and MS• windows, Word processing, Excel data worksheet and PowerPoint presentation.	L2
CO3	Understand the ability to design, implement, and evaluate a computational system to meet desired needs within realistic constraints.	L2
CO4	Understand the An ability to apply design and development principles in the construction of software systems of varying complexity.	L2
CO5	ability to apply knowledge of computing and mathematics appropriate to the discipline.	L4

Course Delivery n	Course Delivery methods									
CD1 Lecture by use of boards/LCD projectors/OHP projectors										
CD2	Tutorials/Assignments									
CD3	Seminars									
CD4	Self- learning advice using internets									

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L1	M	M	Н	-	L	1	L	M	L	-	-	-
CO2	L2	Н	M	Н	L	Н	L	L	M	L	L	-	-
CO3	L2	L	M	Н	M	L	L	L	M	M	L	-	1
CO4	L2	Н	M	Н	L	M	L	L	M	Н	L	-	-
CO5	L4	M	M	M	Н	Н	Н	Н	M	M	M	-	_

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2,CO3,CO3,CO5
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1
CD4	Self- learning advice using internets	CO1,CO2,CO3,CO4

#### **BPT 203: EXERCISE THERAPY**

#### **Course Objectives:**

- To understand the knowledge of physical therapy.
- To apply therapeutic exercises.
- To understand the different approaches in manual therapy.

#### **Course Content:**

# **Unit-I:** Introduction to Exercise Therapy with Various Exercises and Starting positions

- Basic physics in exercise therapy, Mechanics: force, Gravity, line of gravity in human body, Base equilibrium. Axes and Planes, mechanical principles of leaver, order of leaver, example in human body, pendulum, and spring.
- 2. Starting positions Fundamental starting positions standing, sitting, kneeling, lying and hanging. All the derived positions of the above five fundamental starting positions.
- 3. Classification of movements in details & Exercises.
- 4. Resisted exercises Technique and types of resistance, SET system (Heavy Resisted exercises, Oxford method, De Lorme method, Macqueen method).
- 5. Massage: definition of massage, type of massage, general effects and used of massage, local effects of individual manipulation (physiological effects), contra indications, techniques of application of all manipulations stroking, effleurage, kneading and picking up, skin rolling (back) clapping, tapping, friction etc.

#### **Unit-II:** Physiotherapeutic Specialized Techniques and Assessment

- 6. Suspension Therapy: Principals of suspension types of suspension Therapy, effects and uses of Suspension Therapy. Their application either to mobilize a joint to increase joints range of motion or to increase muscle power explaining the full details of component used for Suspension Therapy.
- 7. Relaxed passive movements, basic knowledge of classification of relaxed passive movements, technique, effects and uses of relaxed passive movement.
- 8. Muscles strength MMT: Anatomy and Physiology of muscle tissue causes of muscle weakness paralysis, prevention of muscle weakness / paralysis Types of muscle work and contraction ranges of muscle work prevention of muscle atrophy.
  - Muscle assessment M.R.C. grading Principal of muscle strengthening / re-education, early re-education of a paralyzed.
- 9. Joint Mobilization and Goniometry; classification of joint movements causes of restriction of joint movement, prevention of joint range of motion etc. principles of mobilization of a point in increasing its range of motion Technique of mobilization of a stiff joint, Goniometry, peripheral joint mobilization, Concave convex rule.

## Unit-III: Physiology of respiration and Exercise in Water and walking techniques

- 10. Breathing exercises: physiology of respiration, types of breathing exercise, technique of various types of breathing exercises, its effects and uses & postural drainage.
- 11. Hydrotherapy: Introduction, various types of hydrotherapy units, construction and equipments used in hydrotherapy Principles, indication, contraindication, effects and uses of hydrotherapy, Precautions towards patient, towards therapist, equipment unit etc.
- 13. 2 point, 3 point & 4 point gait: Introduction, crutch measurement, crutch balance, various types of crutch gait details.

#### Unit-IV: Exercise Physiology with Stretching, Yoga and Project

- 14. Individual, group and mass exercises maintenance exercises, plan of exercise therapy table and schemes.
- 15. Aerobic exercise
- 16. Stretching
- 17. Yoga Definition History Principles Concepts, General effects of yogic posture on the body.
- 18. Students Project and Presentations: Vestibular Ball, Continuous Passive Motion Machine, Treadmill, Bicycle Ergometry, Dynamometer.

#### **Unit-V:** Neuromuscular Techniques and Assessment

- 19. PNF: Definition, Principles, Basic procedure, Techniques of facilitation. PNF patterns for Upper Extremity PNF pattern for Lower Extremity.
- 20. Balance: Definition, Causes of balance disorder, Conditions and Evaluation. Balance exercise: Exercise for weakness, Exercise for movement strategies, Static balance exercise, Dynamic balance exercise, Balance exercise for vestibular dysfunction
- 21. Co ordination Exercises: Definition of coordinated movements, in coordinated movements, Factors for coordinated movements technique of coordination exercises.
- 22. Functional Re-Education

#### **Practical**

Massage Therapy

- 1. Suspension Therapy
- 2. Relax passive movement / types of exercise.
- 3. MMT
- 4. Goniometry

# B.P.T.

- 5. Breathing exercise.
- 6. Practical record
- 7. Gait and crutch walking.
- 8. Resistive Exercise.
- 9. Range of motion exercise.
- 10. Stretching.
- 11. Mobilization techniques.
- 12. Breathing exercise and postural drainage.
- 13. Matt exercises
- 14. Balance
- 15. PNF
- 16. Practical record.

#### **Book Recommended:**

- 1. Practice exercise therapy- Hollis- Blackwell Scientific Publication
- 2. Therapeutic Exercises- Basmajjan- Williams and Wilkins.
- 3. Therapeutic Exercises Foundations and Techniques –Kisner and Colby –F.A. Davis.
- 4. Proprioceptive Neuromuscular Facilitation –Voss et. al –Williams and Wilkins.
- 5. Principle of exercise of therapy Gardiner –C.B.S. Delhi
- 6. Beard's Massage –Wood- W.B. Saunders.
- 7. Motor control theory and practical application Shumway–Cook & Wallcott. Lippincott.
- 8. Hydrotherapy, principle and practice- Campion Butterworth Heinemann.
- 9. Muscle testing and functions Kendall- Williams & Wilkins.
- 10. Daniels and Worthingham's- Muscle testing- Hislop & Montgomery –W.B. Saunders.
- 11. Measurement of joint motion: A guide to Goniometry- Norkins & White- F.A. Davis.

CO	STATEMENT						
	(After completion of this course, student will be able to)	Level					
CO1	Describe the basic principles of exercise therapy and communicate with the patient in a professional and ethical manner	L1					
CO2	Practice various assessment strategies like Goniometry, Tone assessment, Muscle power assessment etc for detailed learning	L3					
CO3	Understand principles and procedures, indications, contraindications and precautions, appropriate methods of application of each of the assessment strategy and treatment techniques hands on models.	L2					
CO4	Categorize various therapeutic techniques that can be used in physiotherapy	L4					
CO5	Evaluate high quality, ethical, effective, and cost efficient practices by students and gain expertise in the exercise prescription to patients	L5					

Course Delivery methods									
CD1	Lecture by use of boards/LCD projectors/OHP projectors								
CD2	Tutorials/Assignments								
CD3	Seminars								
CD4	Self- learning advice using internets								
CD5	Lab and OPD teachings								

Course Outcome	Bloom's Level	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L1	Н	Н	Н	M	M	M	M	M	L	Н	-	L
CO2	L3	Н	Н	Н	Н	L	Н	L	M	L	M	-	L
CO3	L2	Н	M	Н	Н	M	M	Н	M	L	M	-	L
CO4	L4	Н	Н	Н	M	M	Н	M	M	M	M	ı	L
CO5	L5	Н	Н	Н	Н	Н	Н	Н	M	M	Н	-	L

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO3
CD2	Tutorials/Assignments	CO1,CO3
CD3	Seminars	CO1,CO3
CD4	Self- learning advice using internets	CO1,CO2,CO3
CD5	Lab and OPD teaching	CO2,CO4,CO5

#### **BPT 204: ELECTRO THERAPY**

## **Course Objective:**

- To describe the basic physics which is used in electrotherapy modalities.
- To explain the construction of electrotherapy modalities.
- To understand the indications and contra-indications of different electrical modalities.

#### **Course Content:**

# **Unit-I:** Basics of Electrotherapy

- 1. Electrical fundamentals Physical principles Structure and properties of matter" molecular atom, proton, neutron, electron, iron, etc. electrical energy: Nature of electricity Current Electric potential generated by cell-Ohm's Law, Joule's Law.
- 2. Magnetic Energy: Nature and property of a management electromagnetic induction, principle of working of choke coil- transformation rectification of A.C.to D.C Metal Oxide Rectifier, Semi conductor Diode and Triode.
- 3. Valves Principle working condenser principle Detail on charging and discharging, etc. transistors measurement of current intensity EMS and power moving coil millimeter and voltmeter.
- 4. Wiring of components in series and parallel distribution of Electrical energy Earth Shock and electrical shock safety Device.

#### **Unit-II:** Low Frequency Currents

- 5. Principals and uses of LOW FREQUENCY CURRENTS: Nature and principles of production of muscle stimulating current types of low frequency currents used for treatment. High Voltage Galvanic current, Rectifying currents.
- 6. Principles of electro diagnosis strength duration curve, chronaxie and Rheobase Their relationship, etc.
- 7. TENS.

#### **Unit-III: Medium frequency Currents**

- 8. Medium Frequency Current: Definition, Production (brief), Physiological effects and therapeutic effects of Interferential Current,
- 9. Russian currents and Di dynamic Currents

#### **Unit-III: Action Therapy Techniques**

- 10. Action Therapy: Definition, Production (Brief), Physiological & Therapeutic effects of the following Infrared radiation, Ultraviolet Radiation.
- 11. Traction.

#### **Unit-IV: Therapeutic Heat and Cold**

- 12. Therapeutic Heat: Definition, Principles, Physiological & therapeutic effects of moist heat, paraffin wax bath, and Contrast bath whirl pool bath Fluidotherapy, Electric heating pads.
- 13. Cryotherapy: Principles, Physiological effects, uses of Cold packs, Ice massage, Commercial Cold Packs, Ice Towels, Cold compression Units, Evaporating Sprays.

## **Unit-V: High Frequency Currents**

- 14. SWD, Principle and Production and Types, Therapeutic Effects, Indications, Contraindication and Dangers
- 15. MWD, Principle, Types, Therapeutic Effects, Indications, Contraindication and Dangers
- 16. Ultrasound. Principle and Production Types, Therapeutic Effects, Indications, Contraindication and Dangers
- 17. Laser: Principle and production Types, Therapeutic Effects, Indications, Contraindication and Dangers

#### **PRACTICAL**

- 1. Galvanic & faradic current
- 2. Cold pack
- 3. Paraffin wax bath
- 4. Hot pack
- 5. Motor point stimulation
- 6. Traction
- 7. Technique of application of electrotherapeutic modalities in various conditions and to various parts of the body. Maintenance of practical records.
- 8. Practical application of the above.
- 9. Practical record.

#### **Books Recommended:**

- 1. Electrotherapy explained principles &practice low & reed Butterworth Heinemann.
- 2. Claytons electrotherapy (10<sup>th</sup> edition) kitchen &Bazin- w.b. Saunders..
- 3. Therapeutic heat and cold Lehman William & Wilkins.
- 4. Principles and practice of electrotherapy Kahn Churchill Livingstone.
- 5. Electrotherapy: clinics in physical therapy- wolf Churchill Livingstone

CO	STATEMENT	Bloom's					
	(After completion of this course, student will be able to)						
CO1	Construct the principles, technique and effects of electrotherapy as a therapeutic	L3					
	modality in the restoration of physical function in various conditions in						
	physiotherapy						
CO2	Describe the indications and contra-indications of various types of	L1					
	electrotherapy modalities and equipments						
CO3	Understanding the instrumentation, Biophysical principles and effects,	L2					
	dangers, safety measures, judicial use, appropriate methods of application,						
	contraindications of the various low, medium and high frequency						
	equipments.						
CO4	Categorize various electrotherapeutic techniques that can be used in	L4					
	physiotherapy						
CO5	Evaluate high quality, ethical, effective, and cost efficient practices by	L5					
	students and gain expertise in the electrotherapeutic system of therapy						
	prescription to patients						

Course Delivery methods								
CD1	Lecture by use of boards/LCD projectors/OHP projectors							
CD2	Tutorials/Assignments							
CD3	Seminars							
CD4	Self- learning advice using internets							
CD5	Lab and OPD teachings							

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Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L3	Н	M	Н	Н	M	M	L	M	L	M	-	L
CO2	L1	Н	M	Н	Н	M	M	L	M	L	L	-	L
CO3	L2	Н	Н	Н	M	M	M	M	M	L	L	-	L
CO4	L4	Н	M	Н	Н	M	Н	Н	M	M	M	-	L
CO5	L5	Н	Н	Н	Н	M	Н	Н	M	M	Н	-	L

H- High, M- Moderate, L- Low, '-' for No correlation

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CD	Course Delivery methods	<b>Course Outcomes</b>								
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2								
CD2	Tutorials/Assignments	CO1,CO2,CO3								
CD3	Seminars	CO1,CO2,CO3								
CD4	Self- learning advice using internets	CO1,CO2								
CD5	Lab and OPD teaching	CO3,CO4,CO5								

#### **BPT 205: RESEARCH METHODOLOGY AND BIOSTATISTICS**

#### **Course Objectives:**

- To understand the significance of various research methodology.
- To understand the principles of biostatistics and its significances.
- To understand the applied methodology for research.

#### **Course Content:**

#### **Unit-I:** Introduction to Research and Process

- Review of literature.
- 2. Study design.
- 3. Sample size.
- 4. Sampling variability & significance.
- 5. Protocol writing.
- 6. Ethical aspects.

#### Unit-II: Methods of Data Collection and other statistical significance

- 7. Data collection analysis, interpretation and presentation.
- 8. Common statistical terms.
- 9. Measures of location, average & percentiles.
- 10. Normal distribution & normal curve.
- 11. Demography & vital statistics.
- 12. Correlation of measures of population & vital statistics
- 13. Use of micro Computers in Research.

#### **Unit-III: Statistical Formulations**

- 14. Probability.
- 15. Variability & its measures.
- 16. Significance of difference in mean.
- 17. Chi- square test.
- 18. Correlation & regression.
- 19. Hypothesis

#### **Unit- IV: (Management studies)**

Professional management ethics, administration, budget and development of organization.

- A. Definition Branches of management Principals of health sector management
- B. General principals of managements Theories of Management
- C. Personal management policies and procedures, basis concepts and theories.
- D. Financial issue including budget and income generation
- E. Principals of an organization chart.
- F. Organization of a department planning, space, manpower, material, basic requirements.
- G. Resources and quality management planning with change and coping with change.
- H. Self Management.
- I. Preparing for 1st job
- J. Time management
- K. Career development

#### **Unit- V: (Professional management and ethics)**

- i. The implication of and confirmation to the rules of professional conduct.
- ii. Legal responsibility for their action in the professional context and understanding liability and obligation in case of medico- legal action
- iii. A wider knowledge of ethics relating to current social and medical policy in the provision of health care.
- iv. National and international professional bodies: as a professional association and education body Difference between scientific association (professional body) and statutory body.
- v. The role of international health agencies such as WHO.

#### **Books Recommended:**

- 1. Methods in Biostatistics- Mahajan- J.P.
- 2. Statistics in Medicine-Colton-Little Brown, Boston.
- 3. Research for Physiotherapist: Project Design and Analysis-Hicks Churchill Livingstone
- 4. Biostatistics: The manual for Statistical methods for in health and nutition-K.V.Rao. J.P.
- 5. Research methods in behavioural Sciences- Mohsin- Orient Publication.

CO	STATEMENTS							
	(After completion of this course, student will be able to)							
CO1	Remembering various methodology of research and biostatics in physiotherapy	L1						
CO2	Demonstrate understanding of the concepts of research methodology and biostatistics that are required in the profession and community at all levels of research process.	L2						
CO3	Apply the knowledge and concepts of research methodology and biostatistics in physiotherapy	L3						
CO4	Analyze the principle concepts of biostatistics and research in physiotherapy	L4						
CO5	Interpret the data collected while practicing the techniques on subjects during clinical postings by using the concepts of research methods and biostatics learnt.	L5						

Course I	Course Delivery methods								
CD1	Lecture by use of boards/LCD projectors/OHP projectors								
CD2	Tutorials/Assignments								
CD3	Seminars								
CD4	Self- learning advice using internets								
CD5	Hospital visit								

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Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	mapping												
CO1	L1	L	M	M	-	-	-	-	M	L	-	-	-
CO2	L2	Н	M	M	-	-	-	-	M	M	M	-	-
CO3	L3	L	M	M	ı	M	L	M	M	M	M	1	-
CO4	L4	M	M	M	-	-	-	M	M	Н	M	-	_
CO5	L5	Н	M	M	L	Н	M	-	M	Н	M	-	-

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2,CO4,CO5
CD2	Tutorials/Assignments	CO1,CO2,CO3
CD3	Seminars	CO1, CO2
CD4	Self- learning advice using internets	CO1,CO2,CO4
CD5	Hospital visit & OPD	CO1,CO2

#### **BPT 206A: UNIVERSAL HUMAN VALUES**

# **Duration: 60 Hours Course Objectives:**

The present course deals with meaning, purpose, and relevance of universal human values and how to inculcate and practice them consciously to be a good human being and realize one's potentials.

#### **Course Contents:**

## **Unit I:** Love & Compassion

Introduction: What is love? Forms of love—for self, parents, family, friend, spouse, community, nation, humanity and other beings, both for living and non-living, Love and compassion and inter-relatedness, Love, compassion, empathy, sympathy and non-violence, Individuals who are remembered in history for practicing compassion and love. Narratives and anecdotes from history, literature including local folklore, Practicing love and compassion: What will learners learn gain if they practice love and compassion? What will learners lose if they don't practice love and compassion?, Sharing learner's individual and/or group experience(s)

**Simulated Situations** 

Case studies

#### Unit II: Truth

Introduction: What is truth? Universal truth, truth as value, truth as fact (veracity, sincerity, honesty among others), Individuals who are remembered in history for practicing this value, Narratives and anecdotes from history, literature including local folklore, Practicing Truth: What will learners learn/gain if they practice truth? What will learners lose if they don't practice it?, Learners' individual and/or group experience(s)

Simulated situations

Case studies

#### **Unit III: Non-Violence**

Introduction: What is non-violence? Its need. Love, compassion, empathy sympathy for others as pre-requisites for non-violence, Ahimsa as non-violence and non-killing, Individuals and organisations that are known for their commitment to nonviolence, Narratives and anecdotes about non-violence from history, and literature including local folklore, Practicing non-violence: What will learners learn/gain if they practice nonviolence? What will learners lose if they don't practice it? , Sharing learner's individual and/or group experience(s) about non-violence,

Simulated situations

Case studies

#### **Unit IV: Righteousness & Peace**

Introduction: What is righteousness? ,Righteousness and *dharma*, Righteousness and Propriety, Individuals who are remembered in history for practicing righteousness, Narratives and anecdotes from history, literature including local folklore ,racticing righteousness: What will learners learn/gain if they practice righteousness? What will learners lose if they don't practice it?, Sharing learners' individual and/or group experience(s), Simulated situations, Case studies ,Introduction: What is peace? Its need, relation with harmony and balance ,Individuals and organisations that are known for their commitment to peace, Narratives and Anecdotes about peace from history, and literature including local folklore, Practicing peace: What will learners learn/gain if they practice peace? What will learners lose if they don't practice it? Sharing learner's individual and/or group experience(s) about peace,

Simulated situations,

Case studies,

#### **Unit V:** Service & Renunciation (Sacrifice)

Introduction: What is service? Forms of service, for self, parents, family, friend, spouse, community, nation, humanity and other beings—living and non-living, persons in distress or disaster. Individuals who are remembered in history for practicing this value. Narratives and anecdotes dealing with instances of service from history, literature including local folklore.

Practicing service: What will learners learn/gain gain if they practice service? What will learners lose if they don't practice it? Sharing learners' individual and/or group experience(s) regarding service. Simulated situations. Case studies Introduction: What is renunciation? Renunciation and sacrifice. Self-restrain and Ways of overcoming greed. Renunciation with action as true renunciation

Individuals who are remembered in history for practicing this value., Narratives and anecdotes from history and literature, including local folklore about individuals who are remembered for their sacrifice and renunciation., Practicing renunciation and sacrifice: What will learners learn/gain if they practice Renunciation and sacrifice? What will learners lose if they don't practice it?, Sharing learners' individual and/or group experience(s),

Simulated situations

Case studies

#### **Text Books:**

- 1. Mookerji Radha Kumud, Ancient Indian Education,
- 2. Motilal Banarasidass Saraswati Swami Satyananda,
- 3. Asana Pranayama Mudra Bandha, Bihar School of yoga Joshi Kireet, Education for Character Development, Dharma Hinduja Center of Indic Studies Joshi Rokeach (1973).
- 4. The Nature of Human Values. New York: The Free Press Ghosh, Sri Aurobindo. 1998. The Foundations of Indian Culture. Pondicherry: Sri Aurobindo

## **Course Outcomes:**

CO	Statement	Blooms Level
	After the completion of this course, students will be able to:	
CO1	Know about universal human values and understand the importance of values in individual, social circles, career path, and national life	L2
CO2	Understand from case studies of lives of great and successful people who followed and practised human values	L2
CO3	Adapt self-actualisation	L3
CO4	Become conscious practitioners of human values.	L2
CO5	Apply their potential as human beings and conduct themselves properly in the ways of the world.	L3

Course Delivery methods								
CD1	Lecture by use of boards/LCD projectors/OHP projectors							
CD2	Tutorials/Assignments							
CD3	Seminars							
CD4	Self- learning advice using internets							
CD5	Industrial visit							

# **Mapping of Course Outcomes onto Program Outcomes**

Course Outcome	Bloom's Levels	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO 1	PSO 2
CO1	L2	L	L	-	M	L	Н	Н	M	-	Н	-	-
CO2	L2	L	L	-	M	L	Н	Н	M	-	Н	-	-
CO3	L3	L	L	-	M	L	Н	Н	M	-	Н	-	-
CO4	L2	L	L	-	M	L	Н	Н	M	-	Н	-	-
CO5	L3	L	L	-	M	L	Н	Н	M	-	Н	-	-

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2,CO3
CD2	Tutorials/Assignments	CO1,CO2,CO3, CO5
CD3	Seminars	CO3
CD4	Self- learning advice using internets	CO4
CD5	Industrial visit	-

#### **BPT-207 ANANDAM**

#### **Duration: 64 Hours**

## **Course Objectives:**

- To instill the joy of giving in young people, turning them into responsible citizens to build up a better society.
- To inculcate the habit of service in students across the University..
- Students to be excepted to engage in individual and group acts of service and goodness.

#### **Action Plan:**

## 1. Students will be expected to

- > Do at least one act of individual service each day
- ➤ Record this act of service in a dedicated Register / Personal Diary
- ➤ Share this Register / Personal Diary day in the 30 minute Anandam time a lot dedicated by the University
- ➤ Undertake one group service project for 64 hours every term (outside college hours)
- ➤ Upload the report on the group project on the Anandam platform
- ➤ Participate in a sharing and presentation on the group service in the discussion sessions held once a month
- ➤ (there will be some suggested projects and organizations that students can work with. Students can also suggest their own projects which others can join)

## 2. Inputs

#### A. From the Anandam Platform

- a. An online platform to manage and share service opportunities
- b. A list of suggested programs or volunteering organizations.
- c. Training for faculty members on how to facilitate the Anandam program

#### B. From the University

- a. Faculty will review every student's Register / Personal Dairy to see if they recorded an act of goodness for that day
- b. The act of goodness will not be evaluated, just if it was recorded or not

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- c. The faculty will mentor the group service projects. They will strive to mobilize the required resources and support for the group service projects.
- d. Mentors to guide and review the student's activities on an regular basis
- e. There will be one Anandam coordinator to monitor the program in every University.
- **3. Outcomes-**Each student will finish the year with a portfolio of giving. This will include their Register / Personal Diaries and their reports on group service projects.

CO1: Develop a great sense of understanding towards social issues. (Bloom's Level- L2)

CO2: Able to engage in individual and group acts of service and goodness. (Bloom's Level- L3)

## **Mapping of Course Outcomes onto Program Learning Outcomes**

Course outcom	Bloom' s Level	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2
e													
CO1	L2	L	•	-	-	-	-	-	-	-	Н	-	-
CO2	L3	-	1	-	-	-	-	-	-	-	Н	-	-

# THIRD YEAR

THEORY							PRACTICAL			ACHIN HRS	IG	CREDITS		
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	T/S	P	Week/Sem.	Yearly	
BPT 301	GENERAL MEDICINE	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT 302	GENERAL SURGERY AND OBSTETRICS & GYANECOLOGY	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT 303	CLINICAL ORTHOPEDICS	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT 304	CLINICAL NEUROLOGY& PAEDIATRICS	CORE	100	30	70	-	-	-	3	1	-	4	8	
BPT305A	COMMUNITY MEDICINE	ELECTIVE	100	30	70	-	-	-	3	1	-	4	8	
BPT 305 B	BIOENGINEERIN G	ELECTIVE	100	30	70	-	-	-	3	1	-	4	8	
BPT 306	SUPERVISED CLINICAL TRAINING	SEC	-	-	-	100	30	70	-	-	4	2	4	
BPT 307	LEADERSHIP & MANAGEMENT SKILLS	AECC	100	30	70	-	-	-	1	-	-	1	2	
BPT 308	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4	
Total		l	600		l	200		1	17	5	4	25	50	
Grand Total	800 Marks		•	•		•	•		•	•		50 C	credits	

#### **BPT301: GENERAL MEDICINE**

### **Course Objectives:**

- To understand the diseases and its pathogenesis.
- To understand the different lab tests and test significances.
- To understand the biological and biochemical processes

#### **Course Content:**

#### **Unit-I:** General medicine of Cardio Respiratory System

- 1. Introduction of medicine.
- 2. Diseases of Respiratory System Physiology, clinical presentation in relation to chronic obstructive Pulmonary Disease.
- 3. COPD: Bronchial asthma, Emphysema, Bronchitis

Pneumonia Bronchiectasis Pleural effusion & Empyema Thoraces Pneumothorax, Cystic Fibrosis, Lung Abscess

4. Cardiac conditions and clinical presentations: Basic anatomy of heart, Coronary circulation and development of heart, Normal Cardiac contraction and relaxation: mechanism and diagnosis. Physiology, clinical Presentation in Ischemic heart disease. Physiology, clinical Presentation Congestive heart failure. Physiology, clinical Presentation peripheral vascular diseases & Deep vein thrombosis

### **Unit-II: Ailments of Renal and Endocrine System**

5. Diseases of Kidney

Physiology, Clinical presentation in relation to

ARF

CRF

6. Endocrine & metabolic diseases.

Vit. D & Calcium, Thyroid & parathyroid gland disorders

#### Unit-III: Diseases related to Nutrition, Viral And Bacterial Origin

7. Nutritional Diseases

Physiology, Clinical presentation in relation to Obesity

- 8. Connective Tissue Diseases
- 9. Physiology, Clinical presentation in relation to

Rheumatoid arthritis

Gout & other connection tissue disorder

10. Infection Diseases

**Tetanus** 

Leprosy

- 11. HIV / AIDS.
- 12. Psychiatric Aliments: Maina, Depression, Pchizophrenia, Psyhosis Obsessive Compulsive disorders

#### **Unit-IV: Pediatrics Medicine**

- 1. Describe growth and development of a child from birth to 12 year including physical, social, adaptive development.
- 2. List the maternal and neonatal factors contributing to high risk pregnancy. The neonate: inherited diseases.
- 3. Briefly describe community programmes: International (WHO), national and local for prevention of poliomyelitis, blindness, deafness, mental retardation and hypothyroidism. Outline the immunization schedule for children.

#### **Unit-V: Pediatric Medicine Related To Diseases**

- 4. Cerebral palsy define and briefly outline etiology of prenatal, peri-natal and postnatal causes, briefly mention pathogenesis, types of cerebral palsy (Classification), finding on examination, general examination of C.N.S., Musculoskeletal and respiratory system.
  - Briefly outline associated defects: Mental retardation, microcephally, blindness, hearing and speech impairment, squint and convulsions.
  - Prevention: Appropriate management of risk pregnancies, prevention of neonatal and postnatal infection, metabolic problems.
- 5. Muscular Dystrophy: Outline various from, modes of inheritance and clinical manifestation physical finding in relation to disabilities progression of various from and prognosis. Describe treatment goals in forms which are and are not fatal.
- 6. Still's disease: Classification, Pathology in brief, physical findings, course & prognosis. Outline treatment, prevention and correction of deformity.
- 7. Acute C.N.S. infection: Classify (Bacterial and viral) and outline the acute illness & physiology, clinical presentation.
- 8. Intensive pediatric care & physiology, clinical presentation.

#### **Practical**

- 1. Clinical exposure to various conditions.
- 2. General viva

#### **Book Recommended:**

- 1. Davidson principle ad practice of medicine
- 2. Brain clinical neurology
- 3. Medicine & neurology by Golewala
- 4. Surgery by Nan
- 5. Bailey & love short practice of surgery.
- 6. Nelson text book of pediatrics- Behraman & Varghan.

CO	STATEMENT	Bloom's					
	(After completion of this course, student will be able to)	Level					
CO1							
	pathology.						
CO <sub>2</sub>	Acquire the knowledge in medicine that are required to be practiced in	L1					
	community and at all levels of health care system						
CO3	Understand relevant investigations which will help to know about the	L2					
	important medical conditions						
CO4	Observe the sign & symptoms of different medical conditions.	L2					
CO5	Demonstrate the ability to conduct a focused medical history and targeted	L3					
	physical examination appropriate to patient's chief complaint.						

Course I	Course Delivery methods							
CD1	Lecture by use of boards/LCD projectors/OHP projectors							
CD2	Tutorials/Assignments							
CD3	Seminars							
CD4	Self- learning advice using internets							
CD5	Hospital visit							

**Mapping between Objectives and Outcomes** 

Trupping Settleth Objectives and Oddcomes													
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L2	Н	M	Н	M	L	L	Н	Н	M	L	M	M
CO2	L1	Н	M	M	M	M	-	M	Н	M	L	M	M
CO3	L2	Н	M	Н	M	-	-	L	Н	M	L	M	M
CO4	L2	Н	M	Н	M	L	L	L	Н	M	L	M	M
CO5	L3	M	L	M	M	M	M	M	Н	M	L	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP	CO1, CO2 ,CO4
	projectors	
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1, CO2
CD4	Self- learning advice using internets	CO1,CO2,CO3,CO4
CD5	Hospital visit & OPD	CO3,CO5

#### BPT302: GENERAL SURGERY AND OBSTETRICS & GYNAECOLOGY

# Course Objective-

- Understand operative technique, surgical anatomy and pathology.
- Read about common surgical problems and principles.
- Understand the normal progress of pregnancy and delivery.
- Understand the general surgeries of ENT and ophthalmology.
- Demonstrate sufficient understanding of basic sciences and the clinical applications related to the Special surgeries to be able to integrate this knowledge into Clinical practice.

#### **Course Content:**

# **Unit-I:** I. General Surgery

- 1. Principal of pre and postoperative management of surgical patients.
- 2. Common pre and post operative complication
- 3. Surgical intensive care.
- 4. Description of events frequently accompanying in general anesthesia, blood transfusion and physiological response of the body to surgery.

### **Unit-II: II. Cardiothoracic Surgery**

Incisions used in cardiothoracic surgery – General pre and post operative managements of cardiothoracic surgery – Various surgical procedures for various chest cardiac condition / disease.

### Unit-III: III.OBS and GYN

- 1. Anatomy of pelvic organs mechanism & physiology of pelvic floor sphincter muscles.
- 2. Pregnancy stage of pregnancy Labor stage of labor delivery, effect of menopause in emotions and musculoskeletal system & common gynecological problems.

# **Unit-IV: Plastic surgery**

Principal of cinesplasty, tendon transplant, cosmetic surgery, types of grafts, Surgery of hand with emphasis on managements of traumatic injuries and leprosy.

# **Unit-V: Abdominal Surgeries and Burns**

- 1. Abdominal surgery: Incision complication and management of various abdominal surgeries.
- 2. Wounds, Sinuses and ulcers.
- 3. Burns: Degrees of burns and managements and reconstructive surgery following burns and complication of Burns.

### **PRACTICAL**

- 1. Case demonstration of various conditions, Exposure to various surgical techniques & Procedures.
- 2. General viva.

#### **Book Recommended:-**

- 1. Bailey & Love Shorts
- 2. Surgery by Nan
- 3. General surgery operations by R.M Kirk & Williston.
- 4. Modern trend of ophthalmology- Arnold Sorsby.
- 5. ENT of general Practitioners.

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Explain the concepts and knowledge of the general terminology,	L2
	surgical incisions and postoperative care after various surgeries.	
CO2	Explain the various abdominal, thoracic and cardiac surgeries with skin	L2
	grafting procedures.	
CO3	Understand the anatomy and physiology in Obstetrics and Gynecology	L2
	and also should be familiar with common eye and ear problems and its	
	treatment.	
CO4	Evaluate the common investigations like X Rays, MRI,s, CT Scans in	L5
	relation of physiotherapy	
CO5	Adopt ethical principles and maintain proper etiquette in dealings with	L3
	patients, relatives and other health personnel and to respect the rights of	
	the patient including the right to information and second opinion.	

<b>Course Del</b>	Course Delivery methods							
CD1	Lecture by use of boards/LCD projectors/OHP projectors							
CD2	Tutorials/Assignments							
CD3	Seminars							
CD4	Self- learning advice using internets							
CD5	Hospital visit							

**Mapping of Course Outcomes onto Program Learning Outcomes** 

	mapping of course outcomes onto 11 ogram zearning outcomes												
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L2	Н	M	Н	M	L	L	L	M	L	M	M	M
CO2	L2	Н	M	Н	M	-	L	M	M	L	M	M	M
CO3	L2	Н	Н	Н	M	L	L	Н	M	M	M	M	M
CO4	L5	Н	M	Н	L	-	-	-	M	L	M	M	M
CO5	L3	M	Н	M	M	M	M	M	M	L	M	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

Mapping between CO and CD

CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO4
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1, CO2
CD4	Self- learning advice using internets	CO1
CD5	Hospital visit & OPD	CO2,CO3,CO5

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#### **BPT303: CLINICAL ORTHOPEDICS**

# **Course Objectives:**

- To understand the human skeletal system and pathogenesis of diseases related with skeletal system.
- To understand the different surgical procedure and its significances.
- To understand the anatomy and physiology of human skeletal system.

#### **Course Content:**

# **Unit-I:** Introduction to Orthopedics fractures and Dislocations

1. Fracture dislocations and regional orthopedic disorders in relation to orthopedic management.

# **Unit-II: Deformities and Inflammatory Disorders in Orthopedics**

- 2. Deformities: Common congenital and acquired deformities or foot, knee, hip, shoulder, elbow, and wriest including hand and spine Cervical rib, torticollis, metatarsalgia, claw hand and orthopedic management.
- 3. Inflammatory condition and lesions of joint and bones Osteoporosis, tuberculosis, pyogenic infection. Osteoarthritis, T.B. joints, Tenosynovitis, synovitis, capsulitis, tendonitis, Osteoporosis and osteomalacia, Sciatica, low back pain, brachial neuralgia Rheumatological disorders in detail and orthopedic management & above conditions.

# **Unit-III: Surgical Procedures in Orthopedics**

- 4. Operative Procedures, amputation Common sites, causes & management, Arthroplasty of joints, joint replacement (total and partial), Osteotomy
- 5. Reconstructive surgeries for the rehabilitation of Poliomyelitis, traumatic condition, spine, hand foot.
- 6. Principle of Tendon transfer and its procedure.

#### **Unit-IV: Pediatrics Orthopedics**

7. Pediatric musculoskeletal conditions and management

#### **Unit-V:** Sports Injury & Radiological Assessment and Examination

- 8. Sports injuries and its management
- 9. Radiological examination.

#### **PRACTICAL**

- 1. Case demonstration of various conditions. Exposure to various orthopedics techniques & procedures.
- 2. General viva

#### **Book reference:-**

- 1. Orthopedics & Traumatology Natarajan
- 2. Applied orthopedics
- 3. Outline of fracture -- Adams.
- 4. Outline of orthopedics Adams.

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Remember the concepts in skeletal system that is required to be	L1
	practiced in community and at all levels of health care system.	
CO2	Understand the common operative procedures.	L2
CO3	Demonstrate comprehensive understanding of skeletal system including	L2
	bones and joints.	
CO4	Assess of all the major and minor joints using special tests.	L4
CO5	Evaluation of all the relevant investigations which will help to know	L5
	about the important medical and orthopedic conditions	

Course Delivery methods							
CD1	Lecture by use of boards/LCD projectors/OHP projectors						
CD2	Tutorials/Assignments						
CD3	Seminars						
CD4	Self- learning advice using internets						
CD5	Hospital visit						

**Mapping of Course Outcomes onto Program Learning Outcomes** 

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L1	Н	M	Н	M	-	-	Н	M	M	M	M	M
CO2	L2	Н	M	Н	Н	M	L	M	M	L	M	M	M
CO3	L2	Н	Н	Н	Н	L	L	L	M	-	M	M	M
CO4	L4	Н	M	M	M	Н	Н	Н	M	L	M	M	M
CO5	L5	Н	M	Н	M	L	L	L	M	L	M	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO3
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1, CO2
CD4	Self- learning advice using internets	CO1,CO2
CD5	Hospital visit & OPD	CO1,CO4,CO5

#### **BPT304: CLINICAL NEUROLOGY AND PAEDIATRICS**

# **Course Objectives:**

- To understand pathology related with nervous system.
- To understand the different surgical procedure and its significances.
- To understand the anatomy and physiology of nervous system

#### **Course Content:**

# **Unit-I:** Neurology General Principles

1. General principles of neurological and neurophysiologic and diagnosis.

# Unit-II: Stroke

- 2. Cerebrovascular diseases
- 3. Cerebral vascular accident

# **Unit-III: Infections and disorders of Nervous System**

- 4. Acute infection of C N S
- 5. Parkinsonism and other extra- pyramidal disorder.
- 6. M S & other disease.
  - ALS (amyotrophic lateral sclerosis) and other motor neuron diseases.
  - Diseases of peripheral nerves, cranial nerves, G.B.S. including peripheral nerve injury
  - Myasthenia Gravis
  - Diseases of muscles (polymyositis muscular dystrophy)
  - Cervical and lumbar spondylosis and disc prolapsed.
  - Neurosurgical Intensive care

#### **Unit-IV:** Neurosurgery

- 1. Head injury Cause and mechanism of head injury subdural, epidural and intracranial bleeding, types of neurological disorder, management of head injury.
- 2. Tumors of neurological system management.
- 3. Cranial & spinal cord legion management.
- 4. Paraplegia, hemiplegia, quadriplegia.
- 5. Neurogenic bladder classification

# Unit-V: Pediatric Neurology and Surgical Procedures of Brain and Spinal Cord

- 6. Pediatric conditions Spina Bifida, Hydrocephalus,
- 7. Peripheral nerve lesion
- 8. Surgical management of brain disease and CVA.
- 9. Personality disorder, epilepsy.

#### **Practical**

- 1. Clinical exposure to various conditions.
- 2. General viva

#### Book recommended:

- 1. Adam and Victor principles of neurology
- 2. Lindsay Neurology and Neurosurgery Illustration

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Demonstrate comprehensive understanding of nervous system\	L3
CO2	Understand relevant clinical features which will help to know about the important medical conditions	L2
CO3	Acquire the knowledge in nervous system that are required to be practiced in community and apply the same at all levels of health care system in physiotherapy	L2
CO4	Interpret the important medical and neurological conditions in physiotherapy	L4
CO5	Assess and differentiate neurological disorders.	L4

Course Delivery methods							
CD1	CD1 Lecture by use of boards/LCD projectors/OHP projectors						
CD2	Tutorials/Assignments						
CD3	Seminars						
CD4	Self- learning advice using internets						
CD5	Hospital visit						

# **Mapping of Course Outcomes onto Program Learning Outcomes**

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Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L3	M	Н	Н	Н	M	L	M	M	L	M	M	M
CO2	L2	Н	Н	Н	M	M	L	M	M	L	M	M	M
CO3	L2	Н	Н	Н	M	M	L	M	M	L	M	M	M
CO4	L4	Н	M	M	Н	Н	Н	M	M	L	M	M	M
CO5	L4	Н	L	L	M	Н	Н	Н	M	M	M	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2
CD2	Tutorials/Assignments	CO1,CO3
CD3	Seminars	CO1, CO2
CD4	Self- learning advice using internets	CO1,CO2,CO3
CD5	Hospital visit & OPD	CO3,CO4,CO5

#### **BPT305A: COMMUNITY MEDICINE**

# **Course Objectives:**

- To understand the problems associated with the community.
- To understand the different preventive and curative methods for communicable diseases.
- To understand the role of social workers in community health.

#### **Course Content:**

### **Unit-I:** Introduction to Community Medicine

- 1. General concepts of health and diseases, health determinants, with reference to natural history of disease with propathogenic and pathogenic phases. The role of socio economic and culture environment in health and disease. Epidemiology, emerging demographic changes, definition and scope.
- 2. Introduction to community health.
- 3. Public health administration an overview of health administration set up at Central and state levels.

# **Unit-II: National Health Programmes and Strategies**

- 4. The national health programme highlighting the role of social, economic and culture factors in the implementation of the national programme.
- 5. Health problems of vulnerable groups- pregnant and lactating woman, infant and pre school children, occupational groups.
- 6. CBR and Institutional based rehabilitation and strategies to intervene in rural health system.
- 7. CBR in relation to different medical & surgical conditions.

### **Unit-III: Occupational Health and Social Security**

- 8. Occupational Health definition scope occupational disease prevention of occupational diseases and hazards.
- 9. Social security and other measurement for the protection from occupational hazards accident and diseases. Details of compensation acts.

### **Unit-IV:** Family Planning and Mental Health

- 10. Family planning objectives of national family planning programmes and family methods. A general idea of advantage and disadvantage of the methods.
- 11. Mental health emphasis on community aspects of mental, role of occupational therapist in mental health problems such as mental retardation etc.

# Unit-V: Communicable Diseases and Epidemiology

- 12. Communicable disease- an overall view of communicable role of insect and other factors.
- 13. International health agencies.
- 14. Community medicine and rehabilitation epidemiology, habitat nutrition, environment anthropology.
  - a. The philosophy and needs of rehabilitation
  - b. Principles of physical medicine
  - c. Basic principles of administration of organization.

#### **Book Reference:**

1. Textbook of preventive and social medicine, Dr. J E Park

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Demonstrate comprehensive understanding of community health workers.	L2
CO2	Acquire the knowledge in preventive and curative measures that are required to be practiced in community and at all levels of health care system.	L1
CO3	Understand relevant investigations which will help to know about the important medical conditions and occupational health conditions.	L2
CO4	Describe the common community diseases.	L2
CO5	Evaluate the influence of nutritional deficiency on community.	L4

Course	Course Delivery methods							
CD1	Lecture by use of boards/LCD projectors/OHP projectors							
CD2	Tutorials/Assignments							
CD3	Seminars							
CD4	Self- learning advice using internets							
CD5	Hospital visit							

# **Mapping of Course Outcomes onto Program Outcomes**

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Course	Bloom'	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO
Outcom	S	1	2	3	4	5	6	7	8	9	0	1	2
e	Level												
CO1	L2	Н	Н	Н	M	L	-	M	M	L	M	M	M
CO2	L1	Н	M	Н	L	-	-	-	M	M	M	M	M
CO3	L2	M	L	M	M	Н	M	Н	M	M	M	M	M
CO4	L2	Н	Н	M	-	-	-	-	M	L	M	M	M
CO5	L4	M	M	L	M	M	Н	Н	M	M	M	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO4
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1, CO2,CO3
CD4	Self- learning advice using internets	CO1,CO2
CD5	Hospital visit & OPD	CO1,CO2,CO3,CO5

#### **BPT305B: BIOENGINEERING**

# **Course Objective:**

- Apply the core concepts of BioEngineering, its underlying sciences, and relevant technologies in their chosen profession.
- Utilise effective communication, learning, and teamwork skills to facilitate continued professional development.
- To understand principles of orthosis and prosthesis.

### **Course Content:**

- **Unit-I:** 1. Introduction and terminology: prosthesis and orthosis.
  - 2. Classification of orthoses and prostheses.
- **Unit-II:** 1. Bio-mechanical principles of orthotic application.
  - 2. Bio-mechanical principles of prosthetic application.
- **Unit-III:** 1. Designing of upper and lower extremity and spinal orthosis including indications and check out.
- Unit-IV: 1. Designing of upper extremity prostheses, indications and check out.
  - 2. Designing of lower extremity prostheses, indications and check out
  - 3. Materials used for fabrications.
- **Unit-V:** 1. Psychological aspects of orthotic and prosthetic application.
  - 2. Prescription and design of foot wear and modifications.
  - 3. Wheel chairs
  - 4. Design and construction of adaptive devises.

**Practical :** The student is trained in evaluation and planning prosthesis and orthosis as well as in acquiring ability to do the check out.

# **Recommended Books:**

- 1. Atlas of Orthotics: Biomechanical Principles and Applications, St. Louis, C.V. Mosby, 1975.
  - 2. American Academy of Orthop

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Demonstrate comprehensive understanding of bioengineering	L2
CO2	Utilise effective communication, learning, and teamwork skills to facilitate continued professional development.	L1
CO3	understanding of contemporary issues, professional responsibilities and ethical responsibilities in biology and medicine	L2
CO4	The ability to use modern techniques, skills and tools necessary for bioengineering practice and for disseminating the results of their work	L2
CO5	ability to design systems, devices and processes for use in medicine, health care or biological applications	L4

2.

Course	Course Delivery methods							
CD1	Lecture by use of boards/LCD projectors/OHP projectors							
CD2	Tutorials/Assignments							
CD3	Seminars							
CD4	Self- learning advice using internets							
CD5	Hospital visit							

3.

# 4. Mapping of Course Outcomes onto Program Outcomes

12mpping of course outcomes onto 110gram catecomes													
Course	Bloom'	PO	PO1	PSO	PSO								
Outcom	S	1	2	3	4	5	6	7	8	9	0	1	2
e	Level												
CO1	L2	Н	Н	Н	M	L	-	M	M	L	M	M	M
CO2	L1	Н	M	Н	L	-	-	-	M	M	M	M	M
CO3	L2	M	L	M	M	Н	M	Н	M	M	M	M	M
CO4	L2	Н	Н	M	-	-	-	-	M	L	M	M	M
CO5	L4	M	M	L	M	M	Н	Н	M	M	M	M	M

# 5. H- High, M- Moderate, L- Low, '-' for No correlation

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CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO4
CD2	Tutorials/Assignments	CO1,CO2
CD3	Seminars	CO1, CO2,CO3
CD4	Self- learning advice using internets	CO1,CO2
CD5	Hospital visit & OPD	CO1,CO2,CO3,CO5

# **BPT307: SUPERVISED CLINICAL TRAINING**

# **Course Objectives:**

- To demonstrate knowledge of the clinical site's organization, administration, policies and procedures.
- To review the Physical Therapy documentation including the PT POC, goals, and objectives:
- To review the patient health record prior to treatment.
- To describe safe environments, appropriate risk management strategies, and emergency responses.

# **Course Outcomes:**

СО	STATEMENT (After completion of this course, student will be able to)	Bloom's Level
CO1	Students will successfully demonstrate knowledge of the clinical site's organization, administration, policies and procedures, organizational planning and operation	L2
CO2	Under direct personal supervision, students will review the Physical Therapy documentation including the PT POC, goals, and objectives.	L3
CO3	Under direct personal supervision, students will review the patient health record prior to treatment.	L3
CO4	Under direct personal supervision, students will describe safe environments, appropriate risk management strategies, and emergency responses.	L2

#### **BPT 307: LEADERSHIP & MANAGEMENT SKILLS**

**Duration: 60 Hours** 

# **Course Objectives:**

- 1. To help students to develop essential skills to influence and motivate others
- 2. To inculcate emotional and social intelligence and integrative thinking for effective leadership
- 3. To create and maintain an effective and motivated team to work for the society
- 4. To nurture a creative and entrepreneurial mindset
- 5. To make students understand the personal values and apply ethical principles in professional and social contexts.

#### **Course Contents**

# **Unit-I:** Leadership Skills

Understanding Leadership and its Importance: What is leadership? Why Leadership required? Whom do you consider as an ideal leader? Traits and Models of Leadership: Are leaders born or made? Key characteristics of an effective leader, Leadership styles, Perspectives of different leaders. Basic Leadership Skills: Motivation, Team work, Negotiation, Networking. Innovative Leadership. Concept of emotional and social intelligence, Synthesis of human and artificial intelligence, Why does culture matter for today's global leaders.

#### **Unit-II:** Managerial Skills

**B**asic Managerial Skills, Planning for effective management, How to organise teams? Recruiting and retaining talent, Delegation of tasks, Learn to coordinate, Conflict management, Self Management Skills, Understanding self concept, Developing self-awareness, Self-examination, Self-regulation.

### **Unit-III: Entrepreneurial Skills**

Basics of Entrepreneurship: Meaning of entrepreneurship, Classification and types of entrepreneurship, Traits and competencies of entrepreneur, Creating Business Plan, Problem identification and idea generation, Idea validation, Pitch making.

### **Unit-IV: Design Thinking**

Design Thinking: What is design thinking? Key elements of design thinking: Discovery, Interpretation, Ideation- Experimentation – Evolution, How to transform challenges into prortunities?

How to develop human-centric solutions for creating social good?

# **Unit-V:** Ethics and Integrity

Learning through Biographies: What makes an individual great? Understanding the persona of a leader for deriving holistic inspiration, Drawing insights for leadership, How leaders sail through difficult situations? Ethics and Conduct, Importance of ethics, Ethical decision making, Personal and professional moral codes of conduct, Creating a harmonious life

#### **Text Books:**

- 1. Ashokan, M. S. (2015). Karmayogi: A Bbiography of E. Sreedharan. Penguin, UK.
- 2. Brown, T. (2012). Change by Design. Harper Business
- 3. Kalam A. A. (2003). *Ignited Minds: Unleashing the Power within India*. Penguin Books India
- 4. Kelly T., Kelly D. (2014). *Creative Confidence: Unleashing the Creative Potential Within Us All.* William Collins
- 5. McCormack M. H. (1986). What They Don't Teach You at Harvard Business School: Notes From A Street-Smart Executive. RHUS

# **Suggested Readings:**

- Sternberg R. J., Sternberg R. J., & Baltes P. B. (Eds.). (2004). *International Handbook of Intelligence*. Cambridge University Press.
  - E-Resources
- India's Hidden Hot Beds of Invention Ted Talk by Anil Gupta https://www.ted.com/talks/anil\_gupta\_india\_s\_hidden\_hotbeds\_of\_invention
- Knowledge@Wharton Interviews Former Indian President APJ Abdul Kalam . "A Leader Should Know How to Manage Failure" https://www.youtube.com/ watch?v=laGZaS4sdeU
   NPTEL Course on Leadership https://nptel.ac.in/courses/122105021/9

# **Course Outcome:**

CO	Statement	Blooms
		Level
	After completion of this course, students will be able to:	
CO1	Examine various leadership models and understand/assess their skills, strengths and abilities that affect their own leadership style and can create their leadership vision	L4
CO2	Learn and demonstrate a set of practical skills such as time management, self management, handling conflicts, team leadership, etc.	L3
CO3	Understand the basics of entrepreneurship and develop business plans	L2
CO4	Apply the design thinking approach for leadership	L3
CO5	Discuss the importance of ethics and moral values for making of a balanced personality	L1`

	Course Delivery methods						
CD1	Lecture by use of boards/LCD projectors/OHP projectors						
CD2	Tutorials/Assignments						
CD3	Seminars						
CD4	Self- learning advice using internets						
CD5	Industrial visit						

**Mapping of Course Outcomes onto Program Outcomes** 

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO	PSO
Outcome	Levels											1	2
CO1	L4	M	M	-	-	M	M	M	H	•	L	•	-
CO2	L3	M	M	M	M	M	M	L	M	-	M	-	-
CO3	L2	M	M	M	H	M	M	M	M	-	L	-	-
CO4	L3	M	M	M	M	M	M	M	H	-	L	-	-
CO5	L1`	-	M	L	H	H	H	M	M	•	L	•	-

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1,CO2,CO3, CO4,CO5
CD2	Tutorials/Assignments	CO1,CO2,CO3, CO4,CO5
CD3	Seminars	CO1,CO2,CO3, CO4,CO5
CD4	Self- learning advice using internets	CO1, CO2,CO3, CO4
CD5	Industrial visit	

#### **BPT-308: ANANDAM**

# **Duration: 64 Hours Course Objectives:**

- To instill the joy of giving in young people, turning them into responsible citizens to build up a better society.
- To inculcate the habit of service in students across the University..
- Students to be excepted to engage in individual and group acts of service and goodness.

#### **Action Plan:**

# 1. Students will be expected to

- > Do at least one act of individual service each day
- ➤ Record this act of service in a dedicated Register / Personal Diary
- ➤ Share this Register / Personal Diary day in the 30 minute Anandam time a lot dedicated by the University
- Undertake one group service project for 64 hours every term (outside college hours)
- > Upload the report on the group project on the Anandam platform
- ➤ Participate in a sharing and presentation on the group service in the discussion sessions held once a month
- ➤ (there will be some suggested projects and organizations that students can work with. Students can also suggest their own projects which others can join)

# 2. Inputs

- A. From the Anandam Platform
  - a. An online platform to manage and share service opportunities
  - b. A list of suggested programs or volunteering organizations.
  - c. Training for faculty members on how to facilitate the Anandam program
- B. From the University
  - a. Faculty will review every student's Register / Personal Dairy to see if they recorded an act of goodness for that day
  - b. The act of goodness will not be evaluated, just if it was recorded or not
  - c. The faculty will mentor the group service projects. They will strive to mobilize the required resources and support for the group service projects.
  - d. Mentors to guide and review the student's activities on an regular basis
  - e. There will be one Anandam coordinator to monitor the program in every University.
- **3. Outcomes-**Each student will finish the year with a portfolio of giving. This will include their Register / Personal Diaries and their reports on group service projects.
- CO1:Develop a great sense of understanding towards social issues.(Bloom's Level- L2)
- CO2: Able to engage in individual and group acts of service and goodness. .(Bloom's Level- L3)

**Mapping of Course Outcomes onto Program Learning Outcomes** 

11 0													
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
outcome	Level												
CO1	L2	L	-	-	-	-	-	-	-	-	Н	-	-
CO2	L3	L	-	-	-	-	-	-	-	-	Н	-	-

# FOURTH YEAR

					PRACTICAL			TEACHI HRS	NG	Credits			
Code No.	Paper	Type	Tota l	I A	E A	Total	IA	EA	L	T/S	P	Week/Se m.	Yearl y
BPT 401	PHYSIOTHERAP Y IN ORTHOPEDIC CONDITIONS	CORE	100	30	70	100	30	70	2	1	2	4	8
BPT 402	PHYSIOTHERAP Y IN NEUROLOGICA L CONDITIONS	CORE	100	30	70	100	30	70	2	1	2	4	8
BPT 403	PHYSIOTHERAP Y IN GENERAL MEDICINE &SURGERY	CORE	100	30	70	100	30	70	2	1	1	3.5	7
BPT 404	PHYSIOTHERAP Y IN CARDIO- THORACIC CONDITIONS	CORE	100	30	70	100	30	70	2	1	1	3.5	7
BPT 405 A	COMMUNITY BASED REHABILITATI ON	ELECTIV E	100	30	70	100	30	70	2	-	2	4	8
BPT 405 B	FIRST AID	ELECTIV E	100	30	70	100	30	70	2	-	2	4	8
BPT 406	MINOR PROJECT & CLINICAL TRAINING	SEC	-	-	-	100	30	70	-	ľ	4	2	4
BPT 407	PROFESSIONAL SKILLS	AECC	100	30	70	-	-	-	1	-	-	1	2
BPT 408	ANANDAM	AECC	-	-	-	100	50	50	1	-	-	2	4
Total			600			700			12	4	12	24	48
Grand Total	I fill Morks												

#### **BPT 401: PHYSIOTHERAPY IN ORTHOPEDIC CONDITIONS**

### **Course Objectives:**

- To integrate the physiotherapeutic knowledge of orthopedic and Traumatology.
- To improve skills in clinical situation of dysfunction and musculoskeletal pathology.
- To make student able to identify disabilities, plan and set treatment goals.

#### **Course Content:**

#### **Unit-I:** Introduction to PT Rehabilitation

Brief review of Orthotics conditions and various Physiotherapeutic modalities, aim, mean and techniques of Physiotherapy should be taught.

#### **Unit-II: Rehabilitation of Fractures and Dislocations**

Dislocations: Classification – types of displacements methods of immobilization. Healing of fracture and factor influencing union, non – union, delayed union etc.

Specific fracture and their complete Physiotherapeutic management.

Physiotherapeutic management of fracture of spine with paraplegia and without neurodeficit.

Fracture cast bracing and mobilization

#### **Unit-III: Rehabilitation of Soft Tissue Injuries and Amputation**

Physiotherapy in relation to soft tissue injuries

Physiotherapy in relation to amputation

#### **Unit-III: Pediatric rehabilitation**

Physiotherapy in relation to various deformities e.g. CTEV, Pes planus, pes cavus etc.

Physiotherapy in various acquired & congenital spinal cord disorders.

### Unit-IV: Rehabilitation of Inflammatory Conditions and Sports Injuries

Physiotherapy in relation to arthritis

Physiotherapy in Sports Injuries

### **Unit-V:** Special techniques of Rehabilitation and Treatment in Physiotherapy

BASIC Concepts of : Maitland, Kaltenborn, Cyriax, Mulligan, McKenzie.

Neurodynamics, Muscle Energy Techniques. Myofascial Release techniques

Special techniques Brief Introduction and Application Principles, Indications,

Contraindications of : Dry Needling, Taping and Cupping

# B.P.T.

#### **Practical:**

- 1. Various techniques of Physiotherapy for the above mentioned condition /diseases should be demonstrated and practical by the students.
- 2. Assessment planning and management of orthopedics conditions
- 3. General viva
- 4. Practical record

#### **Reference Books -**

- 1. Cash textbook orthopaedics and aRheumatology for physiotherapists Downie –Jaypee brothers.
- 2. Tidy's physiotherapy- Tomson et. al Butterworth Heinmann
- 3. Essentials of orthopaedics and applied physiotherapy Joshi and Kotwal- B.L. Churchill Livingstone.
- 4. Tetraplegia & Paraplegia- Bromley- W.B. Saunders.
- 5. Orthopaedics physiotherapy- Donatelli & Wooden- WB. Saunders.
- 6. Rheumatological Physiotherapy- David Mosby
- 7. Orthopaedic Physiotherapy- Tid well Mosby
- 8. Physiothearpy for amputee- Engstrom & Van de van Churchill Livingsstone
- 9. Sports Injuris: Diagnosis and management: Norris Butterworth Heinmann.

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Examine relevant investigations technique which will help to diagnosed various orthopedic and sports conditions.	L4
CO2	Plan clinical decision making ability and treatment techniques in different musculoskeletal conditions with physiotherapeutic approach	L3
CO3	Implement pre and post operative management/special techniques.	L3
CO4	Evaluate degenerative joint and spine diseases.	L5
CO5	Understand the principles of sports physiotherapy.	L2

Course	Course Delivery methods						
CD1	Lecture by use of boards/LCD projectors/OHP projectors						
CD2	Tutorials/Assignments						
CD3	Seminars						
CD4	Self- learning advice using internets						
CD5	Hospital visit						

# **Mapping of Course Outcomes onto Program Outcomes**

		1 1	. 0					0					
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L4	Н	M	Н	Н	Н	Н	M	Н	M	M	Н	Н
CO2	L3	Н	M	Н	Н	Н	Н	Н	Н	M	M	M	M
CO3	Н	M	M	Н	Н	Н	Н	Н	M	M	Н	M	M
CO4	L5	Н	M	Н	Н	Н	M	M	Н	M	M	M	M
CO5	L2	Н	M	Н	L	-	-	-	Н	M	M	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO5
CD2	Tutorials/Assignments	CO2, CO3
CD3	Seminars	CO1, CO2, CO3
CD4	Self- learning advice using internets	CO1,CO2, CO3
CD5	Hospital visit & OPD	CO1,CO2, CO3,CO4

#### **BPT 402: PHYSIOTHERAPY IN NEUROLOGICAL CONDITIONS**

# **Course Objectives:**

- Student will be able to identify disability due to neurological dysfunction, set treatment goals.
- Apply skills in exercise therapy, electrotherapy in clinical situation to restore neurological function.
- Integrate the knowledge gain by students in clinical situation of dysfunction due to pathology in nervous system.

#### **Course Content:**

### **Unit-I:** Neuroanatomy

Review the basic anatomy of the brain and spinal cord including: Blood supply of the brain and spinal cord, anatomy of the visual pathway, connection of the cerebellum and extra pyramidal system, relationship of the spine cord segment, long tracts of the spine cord, the brachial and lumbar plexuses and cranial nerves.

### **Unit-II:** Neurophysiology

Review in brief the Neurophysiologic basis of : tone and disorders of tone and posture, bladder control, muscle contraction and movement and pain.

# Unit-III: Pediatric, Degenerative And Infection Management Of Nervous System

**A.** Clinical Features & Managements

Briefly outline the clinical features and management of the following Neurological Disorders.

- 1. Congenital and childhood disorders.
  - a. Hydrocephalus
  - b. Spina Bifida
  - c. Arnold Chiari malformation, Dandy
- 2. Degenerative disorders.
  - a. Parkinson's disease
  - b. Dementia
- 3. Infections
  - a. Pyogenic Meningitis sequelae
  - b. Tuberculosis infection of central nervous system
  - c. Poliomyelitis
  - d. Brain abscess

# **Unit-IV: PT Management of Stroke and Brain Anomalies**

- 4. Cerebrovascular accidents.
  - a. General classification, thrombotic, embolic, hemorrhagic and inflammatory stroke
  - b. Gross localization and sequelae
  - c. Detailed rehabilitative programme.
- 5. Trauma board localization, first aid and management of sequelae of head injury and spinal cord injury.
- 6. Diseases of the spinal cord
  - a. Craniovertebral junction anomalies.
  - b. Syringomyelia
  - c. Tumors
  - d. Spinal arachnoiditis
- 7. Demyelinating diseases (central and peripheral)
  - a. Gullian Barre Syndrome
  - b. Acutre disseminated encephalomyelitis
  - c. Transverse myelitis
  - d. Multiple sclerosis
- 8. Diseases of the muscle including myopathies: Classification, signs, symptoms, progression and management.
- 9. Peripheral nerve disorder
  - a. Epilepsy; Definition, Classification and management
  - b. Myasthenia Gravis: Definition, course and management
  - c. Motor neuron disease
  - d. Herniation of brain

### **Unit-V:** Neurological Assessment

Clinical assessment of neurological function to be taught through beside or demonstration clinics spread out over at least 5 session.

- 1. Basic history to determine whether the brain, spinal cord or peripheral nerves is involved
- 2. Assessment of higher mental function such as orientation, memory, attention, speech and language.
- 3. Assessment of cranial nerves.
- 4. Assessment of motor power.
- 5. Assessment of sensory function tough, pain and position
- 6. Assessment of tone spasticity, rigidity and hypotonic.
- 7. Assessment of cerebellar function
- 8. Assessment of higher cortical function apraxia etc.
- 9. Assessment of gait abnormalities

#### **Practical:**

- 1. Various techniques of Physiotherapy for the above mentioned condition /diseases should be demonstrated and practical by the students.
- 2. Assessment planning and management of orthopedics conditions
- 3. General viva
- 4. Practical record

#### Refence Books-

- 1. Cash's textbook of neurology for physiotherapists Dowani J.P. Brothers.
- 2. Adult Hemiplegia Evaluation & treatment Bobath Oxford Butterworth Heinman
- 3. Neurological Rehabilitation Carr & Shepherd Butterworth Heinman
- 4. Tetraplegia and paraplegia A guide for physiotherapist Bromley Churchill Livingstone.
- 5. Neurological physiotherapy A Problem solving approach Susan Edwards Churchill Linvigstone.
- 6. Neurological Rehabilitation Umpherd Mosby.
- 7. Geriatric physical therapy Gucciona Mosby.
- 8. Motor assessment of Developing Infat Piper & Darrah W.B. Saunders.
- 9. Paediatric physical therapy Teckling Lippincott.
- 10. Treatment of cerebral Palsy and motor Delay Levitts- Blackwell Scientific Publications, London.
- 11. Aging the Health care Challenge Levis- F.A. Davis.
- 12. Physiotherapy in Paediatrics Shepherd Butterworth Heinman

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Understand theoretical knowledge with clinical assessment.	L2
CO2	Evaluate relevant investigations technique which will help to diagnosed various Neurological condition conditions	L5
CO3	Plan clinical decision making ability with different physiotherapeutic treatment techniques in different neurological conditions.	L3
CO4	Analyze various spinal cord conditions.	L4
CO5	Plan the treatment of various disorders related to childhood and old age.	L3

Course Delivery methods						
CD1	Lecture by use of boards/LCD projectors/OHP projectors					
CD2	Tutorials/Assignments					
CD3	Seminars					
CD4	Self- learning advice using internets					
CD5	Hospital visit					

# **Mapping of Course Outcomes onto Program Learning Outcomes**

Course Outcome	Bloom's Level	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
outcome	Devel												
CO1	L3	Н	Н	Н	M	L	M	M	M	M	M	Н	Н
CO2	L2	Н	Н	Н	Н	L	M	M	M	M	L	Н	Н
CO3	L5	Н	Н	Н	Н	M	Н	M	M	M	M	Н	Н
CO4	L5	M	M	L	M	Н	Н	Н	M	Н	M	M	Н
CO5	L5	M	M	L	M	Н	Н	Н	M	Н	M	L	Н

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2
CD2	Tutorials/Assignments	CO2, CO3
CD3	Seminars	CO1, CO2, CO3
CD4	Self- learning advice using internets	CO1,CO2, CO3
CD5	Hospital visit & OPD	CO1, CO3,CO4,CO5

#### BPT 403: PHYSIOTHERAPY IN GENERAL MEDICINE & SURGERY

# **Course Objective –**

- Able to integrate theoretical knowledge with clinical assessment.
- Develop the ability to collect history, perform relevant clinical assessment and frame appropriate electrotherapeutic and exercise therapy management for the patients.
- Demonstrate clinical decision making ability and provide appropriate patient care.
- Develop effective communication with patients, family, colleagues and students
- To carry out research and publications towards upliftment of the field of Physiotherapy.

#### **Course Content:**

# **Unit-I:** Introduction and PT Management of General and Neuro Surgeries

Brief review of the following surgical condition and various Physiotherapeutic modalities aims means and techniques of physiotherapy should be taught and complication. Peripheral Nerve Injuries. Pre & Post operative physiotherapeutic managements of Nerve Repair / Grafting.

#### **Unit-II:** Rehabilitation in Cardio-Respiratory Surgery

Postural drainage & respiratory physiotherapy in CTVS

Physiotherapy in patients on ventilators

Pre and post Operative physiotherapy management of following conditions

Thoractomy Lobectomy Thoracoplasty Pneumonectomy

Orientation about atelectasis, pneumothorax, pre and post operative physiotherapy management of cardiac surgery, open heart surgery.

#### **Unit-III: PT Management following Burns, skin graft and Hand**

Burn & its classification physiotherapy management.

Pre & postoperative physiotherapy of skin grafting.

Physiotherapy of case after reconstructive surgery of hand.

Physiotherapy in Hand Injury.

### **Unit-IV: Rehabilitation of Abdomen**

**Abdominal Surgical Quadrants** 

Pre and post Operative physiotherapy management of following abdominal surgical conditions including incisions pre and postoperative complications

Herniorraphy Nephrectomy Radical Mastectomy etc

# Unit-V: Physiotherapy Rehabilitation in Obstetrics/Gynecology

Physiotherapy in obstetrics

Physiotherapy in PID, Stress incontinence, prolapsed uterus, etc.

Pre & post operative physiotherapeutic managements of Neurosurgical conditions

#### **Practical:**

- 1. Various techniques of Physiotherapy for the above mentioned condition/diseases should be demonstrated and practical by the students.
- 2. Assessment planning and management of orthopedics conditions
- 3. General viva
- 4. Practical record

#### **Book Recommended:**

- 1. Cash textbook of general medical and surgical conditions for physiotherapists- Downie Jaypee Brothers.
- 2. Cash textbook of heart, chest and vascular disorders for physiotherapists- DownieJaypee Brothers.
- 3. Principle and practices of cardiopulmonary physical therapy Frown Felter- Mosby.
- 4. Chest physiotherapy in intensive care unit- Mackanzie Wiiliams& Wilkins.
- 5. Restoration of motor functions in stroke patient: A Physiotherapist approach- Johnstone Churchill Livingstone.
- 6. Physiotherapy Obstetrics and Gynecology Polden F.A. Davis

CO	STATEMENTS	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Understanding the knowledge on Basic Medical sciences, Human Movement Sciences, Various medical Conditions and Surgical Treatments to identify Psychological, Social, Economical, Cultural aspects of diseases and its impact on community.	L2
CO2	Apply the knowledge to perform a safe, systematic and appropriate physiotherapy assessment and treatment for various medical Conditions.	L3
CO3	Examine the various pathological changes and make the treatment plan accordingly.	L4
CO4	Examine the wound and deformity to give proper treatment plan.	L4
CO5	Decide the treatment plan according to surgical procedure performed.	L5

Course Delivery methods						
CD1	Lecture by use of boards/LCD projectors/OHP projectors					
CD2	Tutorials/Assignments					
CD3	Seminars					
CD4	Self- learning advice using internets					
CD5	Hospital visit					

# **Mapping of Course Outcomes onto Program Outcomes**

		I I	0 '					- 0					
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L2	Н	M	M	L	Н	-	-	M	M	M	Н	Н
CO2	L3	Н	M	M	M	L	Н	-	M	M	L	M	M
CO3	L4	M	Н	M	Н	Н	Н	L	M	M	M	M	M
CO4	L4	M	M	M	Н	Н	Н	M	M	M	M	M	M
CO5	L5	M	M	M	Н	Н	Н	M	M	M	M	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

	11 8								
CD	Course Delivery methods	<b>Course Outcomes</b>							
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2, CO3							
CD2	Tutorials/Assignments	CO1,CO2							
CD3	Seminars	CO1, CO,C03							
CD4	Self- learning advice using internets	CO1,CO2							
CD5	Hospital visit & OPD	CO2,CO3,CO4,CO5							

#### BPT 404: PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS

# **Course Objectives:**

- Identify discuss and analysis of various cardiothoracic dysfunction and arrive at appropriate functional diagnosis.
- Acquire knowledge of evaluation and physiotherapeutic treatment for various cardiothoracic physiotherapy.
- Select strategies for cure, care and prevention, adopt rehabilitative measure for maximal possible functional independence

#### **Course Content:**

# **Unit-I:** Introduction to PT Management with Basics of Rehabilitation

Introduction – Brief review of the following surgical condition and various Physiotherapeutic modalities aims means and techniques of physiotherapy should be taught

Prior to beginning with various conditions brief introduction of breathing exercises and postural drainage in detail to be taught.

#### **Unit-II:** Rehabilitation of Respiratory and Vascular Diseases

Anatomy and physiology of Lungs

Physiotherapy management of respiratory systems disorders

COPD: Bronchial asthma, Emphysema, Bronchitis

Pneumonia Bronchiectasis Pleural effusion & Empyema Thoraces Pneumothorax, Cystic Fibrosis, Lung Abscess

Pulmonary Rehabilitation

#### **Unit-III: Rehabilitation of Cardio-Vascular Diseases**

Anatomy and physiology of Heart

Cardiac Rehabilitation

Physiotherapy management of Cardiovascular systems disorders

Cardiac conditions and clinical presentations: Basic anatomy of heart, Coronary circulation and development of heart, Normal Cardiac contraction and relaxation: mechanism and diagnosis. Physiology, clinical Presentation in Ischemic heart disease. Physiology, clinical Presentation Congestive heart failure. Physiology, clinical Presentation peripheral vascular diseases & Deep vein thrombosis

# Unit-IV: Rehabilitation of Endocrine System Nutrition, Viral And Bacterial Origin

PT Management

1. Endocrine & metabolic diseases.

Calcium, Thyroid & parathyroid gland disorders

- 2. Nutritional Diseases Psychiatric Aliments: Maina, Depression, Pchizophrenia, Psyhosis Obsessive Compulsive Edema, Non Articular' Rheumatism Rickets Vitamin Deficiency Syndrome, Myopathy, Diabetic Neuropathy, Rheumatoid Arthritis and General Cardiac rehabilitation and pulmonary rehabilitation in children and adults.
- 3. General and Physiotherapeutic management of Psychiatric patients

#### **UNIT-V Rehabilitation In Pediatric Medicine**

- 1. Cerebral palsy define and
- 2. Prenatal, peri-natal and postnatal physiotherapy care
- 3. Muscular Dystrophy: PT Management.
- 4. PT Management of Meningitis, Encephalitits, Hydrocephalus, Spina Bifida, CTEV, CDH

#### **Practical:**

- 1. Various techniques of Physiotherapy for the above mentioned condition /diseases should be demonstrated and practical by the students.
- 2. Assessment planning and management of orthopedics conditions
- 3. General viva
- 4. Practical record

#### Reference Books-

- 1. Cash Textbook of general medical and surgical conditions for physiotherapists- Donnie Jaypee Brothers.
- 2. Essential of Cariopulmonary physical therapy- Hillegass & Sadowsky- W,B. Saunders.
- 3. Cash textbook of Chest, Heart and Vascular Disorders for physiotherapists- Downie- J.P. Brothers.
- 4. The Brompton Guide to chest physical therapy
- 5. Cardiopulmonary Physical Therapy- Irwin and Tecknin, Mosby.
- 6. Cardiovascular/Respiratory physiotherapy- Smith & Ball- Mosby
- 7. ACSM Guidelines for exercise testing and prescription- ACSM- Williams and Wilkins.
- 8. Chest physiotherapy in intensive care unit- Mackenzie et al Williams and Wilkins.

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Evaluate relevant investigations technique which will help to diagnosed various cardiothoracic conditions	L5
CO2	Analyze various cardio thoracic ICU management techniques	L4
CO3	Understanding and acquiring the Knowledge of various investigating procedure for cardiac and thoracic conditions.	L2
CO4	Plan clinical decision making ability with the various physiotherapy treatment approaches in different cardiac and thoracic condition.	L3
CO5	Perform pre and post operative management.	L2

Course I	Course Delivery methods						
CD1	Lecture by use of boards/LCD projectors/OHP projectors						
CD2	Tutorials/Assignments						
CD3	Seminars						
CD4	Self- learning advice using internets						
CD5	Hospital visit						

# **Mapping of Course Outcomes onto Program Outcomes**

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	Level												
CO1	L5	Н	Н	Н	M	L	-	-	M	M	M	Н	Н
CO2	L4	M	L	M	Н	L	M	M	M	M	L	M	M
CO3	L2	Н	Н	Н	Н	M	Н	M	M	M	M	M	M
CO4	L3	M	M	L	M	Н	Н	M	M	M	M	M	M
CO5	L2	M	Н	L	M	Н	Н	M	M	M	M	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2 ,CO5
CD2	Tutorials/Assignments	CO2, CO3
CD3	Seminars	CO1, CO2, CO3
CD4	Self- learning advice using internets	CO1,CO2, CO3
CD5	Hospital visit & OPD	CO1,CO2, CO3,CO4

#### **BPT 405A: COMMUNITY BASED REHABILITATION**

# **Course Objectives:**

- Understand role in the management of the disability with in rehabilitation team.
- Understand the concept of team approach in rehabilitation.
- Understand the medical and surgical aspect of disabling conditions

#### **Course Content:**

# **Unit-I:** Introduction to CBR with scope and team linked in the rehabilitation

- 1. Introduction to rehabilitation medicine
- 2. Define concerned in the phases of disability process, explanation of its aims 7 principles. Scope of rehabilitation.
- 3. Definition concerned with the causes of Impairment functional limitation and disability
- 4. Disability prevention. Limitation & Rehabilitation
- 5. Present Rehabilitation Services
- 6. Legislation for rehabilitation service for the disabled and P.W.D. Act.
- 7. Rehabilitation team & its members, their role.
- 8. Community & Rehabilitation including C.B.R. Advantage of C.R.B. over I.B.R.

#### Unit-II: Structural Rehabilitation in CBR

- 9. Contribution of Social Worker towards rehabilitation
- 10. Vocational evaluation & Goal for disabled, role of Vocational Counselor.
- 11. Rural rehabilitation incorporated with Primary Health Center
- 12. Principal of Communication & its problem and management
- 13. Behavioral problems in the disabled its principle of management
- 14. Architectural barriers possible modification in relation to different disabled conditions.
- 15. Achieving functional independence

# Unit-III: Concepts of condition specific CBR

- 16. Concepts in cardiac rehabilitation
- 17. Concepts in pulmonary rehabilitation
- 18. Deconditioning, conditioning & benefits of exercise
- 19. Spine cord injury rehabilitation

#### Unit-IV: CBR related to occupation and age with disability and socioeconomic status

- 20. Occupational rehabilitation
- 21. Concepts in geriatric rehabilitation
- 22. Introduction to sports medicine, concept of team, approach to sports occupational therapy
- 23. Disability evaluation
- 24. Visual disability: definition and classification, mobility techniques, communication skill, prevention of blindness.
- 25. Socioeconomic Rehabilitation:

Outline of Social and Vocational Counseling.

Outline the social implication of disability for the individual and for the community. Pre – vocational Evaluation & role of V.C., Govt. & NGO. Discuses methods and team involvement in pre –vocational evaluation and training.

#### **Unit-V: Prosthesis and Orthosis:**

- 1. Definition and Basic Principles
- 2. Designing and Construction of upper & lower extremity Orthosis & spinal Orthosis.
- 3. Prescription and design of footwear & its modification.
- 4. Wheel Chairs
- 5. Ambulatory Aids & Assistive devices.
- 6. Measurement and P.O.P. cast techniques.
- 7. Low cost thermo labile material for construction of Orthosis
- 8. Upper limb amputee rehabilitation & prosthetic training.
- 9. Lower limb amputee rehabilitation & prosthetic training.
- 10. Footwear modification in various conditions.
- 11. Wheel Chairs & seating system.
- 12. Design and construction of adoptive devices.
- 13. Classification of Aids & Appliances.
- 14. Ambulatory, Aids & Assistive devices.
- 15. Simple splint techniques.
- 16. Thermoplastic materials.
- 17. Computer assistive devices & environmental control.
- 18. Musculoskeletal problems of the upper limb.
- 19. Musculoskeletal problems of the lower limb.
- 20. Sports physiology, Physiotherapy in sports and sports injuries.
- 21. Rehabilitation concerns in rehabilitation.
- 22. Neuro-rehabilitation.
- 23. Surgical rehabilitation.
- 24. Rheumatology & Rehabilitation.

#### **Practical**

- A. Practical demonstration of difficulties Orthotics / Prosthetics
- B. Practical demonstration of different types of Orthotics / Prosthetics / Mobility / Assistive.
- C. Demonstration of disability evaluation procedure.
- D. General viva

#### **Books Recommended-**

- 1. Rehabilitation –Evans.
- 2. Directory for disabled people.
- 3. Improvement residential life for disabled people-truly.
- 4. Physical medicine & rehabilitation- Okawanta.
- 5. Community diagnosis & Health action- Bennerth.
- 6. Hand book of Physical medicine & rehabilitation.- Rusk

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Evaluate the principle of organization and administration.	L4
CO2	Formulate appropriate goal in treatment and rehabilitation	L3
CO3	Describe the health care delivery system including rehabilitation of the	L4
	disabled in the country.	
CO4	Understand & Describe the health information systems.	L2
CO5	Examine social problems and evaluate disability.	L4

Course Delivery methods				
CD1	Lecture by use of boards/LCD projectors/OHP projectors			
CD2	Tutorials/Assignments			
CD3	Seminars			
CD4	Self- learning advice using internets			
CD5	Hospital visit			

# **Mapping of Course Outcomes onto Program Learning Outcomes**

17-14PP-11-8 01 0 0 0 0 0 0 0 0 0 0 0 1 1 0 8 0 0 1 1 1 1													
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	level												
CO1	L4	Н	M	Н	M	M	M	Н	M	M	Н	Н	Н
CO2	L3	Н	Н	Н	M	M	M	M	M	M	Н	M	M
CO3	L4	Н	M	L	M	M	M	Н	M	M	Н	M	M
CO4	L2	Н	M	L	M	M	M	M	M	M	Н	M	M
CO5	L4	Н	M	L	M	M	M	Н	M	M	Н	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

CD	Course Delivery methods	<b>Course Outcomes</b>			
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2,CO4			
CD2	Tutorials/Assignments	CO, CO2			
CD3	Seminars	CO1, CO2,CO3			
CD4	Self- learning advice using internets	CO1,CO3			
CD5	Hospital visit & OPD	CO2,CO3,CO5			

#### **BPT405B: FIRST AID**

#### **Course Objective:**

- For learners to have knowledge and understanding of a selection of different emergencies
- For the learner to be able to assist with emergencies that they may come across in the workplace
- Understand the role and responsibilities of a first aider

#### **Course Content:**

**Unit-I:** Advanced First Aid, CPR & AED

Practical demonstration of first aid, CPR, AED skills IV.

**Unit-II:** Automated External Defibrillators (AED)

- Airway Obstructions
- Controlling Bleeding
- Shock
- Wounds and Soft Tissue Injuries

#### **Unit-III: Burns**

- Head and Spinal Injuries
- Chest, Abdominal and Pelvic Injuries
- Bone, Joint and Muscle Injuries
- Extremity Injuries and Splinting

# **Unit-IV: Assessment Measures:**

- Cold and Heat Emergencies
- Rescuing and Moving Victims

### **Unit-V:** General Outline of Topics Covered:

Acting in an Emergency- The Human Body Assessing the Victim Cardiopulmonary Resuscitation (CPR)

- Sudden Illness
- Poisoning
- Substance Misuse and Abuse
- Bites and Stings

#### **BOOKS RECOMMENDED:**

- Manual of First aid by LC GUPTA
- FIRST-AID emergency care by Dr. Swapna naskar

CO	STATEMENT	Bloom's
	(After completion of this course, student will be able to)	Level
CO1	Candidates will be able to assess situations and circumstances in order to	L4
	provide First Aid safely, promptly and effectively in a range of emergencies	
CO2	Understand the role and responsibilities of a First Aider	L3
CO3	Be able to assess an incident	L4
CO4	Be able to manage an unresponsive casualty who is not breathing normally	L2
CO5	Be able to manage an unresponsive casualty who is breathing normally	L4

Course D	elivery methods
CD1	Lecture by use of boards/LCD projectors/OHP projectors
CD2	Tutorials/Assignments
CD3	Seminars
CD4	Self- learning advice using internets
CD5	Hospital visit

## **Mapping of Course Outcomes onto Program Learning Outcomes**

Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
Outcome	level												
CO1	L4	Н	M	Н	M	M	M	Н	M	M	Н	Н	Н
CO2	L3	Н	Н	Н	M	M	M	M	M	M	Н	M	M
CO3	L4	Н	M	L	M	M	M	Н	M	M	Н	M	M
CO4	L2	Н	M	L	M	M	M	M	M	M	Н	M	M
CO5	L4	Н	M	L	M	M	M	Н	M	M	Н	M	M

H- High, M- Moderate, L- Low, '-' for No correlation

## Mapping between CO and CD

CD	Course Delivery methods	<b>Course Outcomes</b>
CD1	Lecture by use of boards/LCD projectors/OHP	CO1, CO2,CO4
	projectors	
CD2	Tutorials/Assignments	CO, CO2
CD3	Seminars	CO1, CO2,CO3
CD4	Self- learning advice using internets	CO1,CO3
CD5	Hospital visit & OPD	CO2,CO3,CO5

#### **BPT 407: PROFESSIONAL SKILLS**

**Duration: 60 Hours** 

### **Objectives:**

- 1. To acquire career skills and fully pursue to partake in a successful career path
- 2. To prepare good resume, prepare for interviews and group discussions
- 3. To explore desired career opportunities in the employment market in consideration of an individual SWOT.
- 4. Understand the significance of Team Skills and help them in acquiring them
- 5. To help them design, develop and adapt to situations as an individual and as a team.

#### **Course Contents**

#### **Unit I:** Resume Skills & Interview Skills

**Resume Skills :** Preparation and Presentation, Introduction of resume and its importance, Difference between a CV, Resume and Bio data, Essential components of a good resume, Resume skills : common errors, Common errors people generally make in preparing their resume, Prepare a good resume of her/his considering all essential components

**Interview Skills:** Preparation and Presentation, Meaning and types of interview (F2F, telephonic, video, etc.), Dress Code, Background Research, Do's and Don'ts, Situation, Task, Approach and Response (STAR Approach) for facing an interview, Interview procedure (opening, listening skills, closure, etc.), Important questions generally asked in a job interview (open and closed ended questions), Interview Skills: Simulation, Observation of exemplary interviews, Comment critically on simulated interviews, Interview Skills: Common Errors, Discuss the common errors generally candidates make in interview, Demonstrate an ideal interview

### **Unit II:** Group Discussion Skills & Exploring career opportunities

Meaning and methods of Group Discussion, Procedure of Group Discussion, Group Discussion - Common Errors, Knowing yourself – personal characteristics

Knowledge about the world of work, requirements of jobs including selfemployment, Sources of career information, Preparing for a career based on their potentials and availability of opportunities

## Unit III: Presentation Skills, Trust and Collaboration

Types of presentations, Internal and external presentation, Knowing the purpose, Knowing the audience, Opening and closing a presentation, Using presentation tools, Handling questions, Presentation to heterogenic group, Ways to improve presentation skills over time, Explain the importance of trust in creating a collaborative team, Agree to Disagree and Disagree to Agree – Spirit of Team work, Understanding fear of being judged and strategies to overcome fear

## Unit IV: Listening as a Team Skill & Brainstorming

Advantages of Effective Listening, Listening as a team member and team leader. Use of active listening strategies to encourage sharing of ideas (full and undivided attention, no interruptions, no prethink, use empathy, listen to tone and voice modulation, recapitulate points, etc.)., Use of group and individual brainstorming techniques to promote idea generation., Learning and showcasing the principles of documentation of team session outcomes

## Unit V: Social and Cultural Etiquette & Internal Communication

Need for etiquette (impression, image, earn respect, appreciation, etc), Aspects of social and cultural/corporate etiquette in promoting teamwork, Importance of time, place, propriety and adaptability to diverse cultures, Use of various channels of transmitting information including digital and physical, to team members.

## **Course Outcomes:**

CO	Statement	Blooms
		Level
	After the completion of this course, students will be able to:	
CO1	Prepare their resume in an appropriate template without grammatical and other	L6
	errors and using proper syntax and Participate in a simulated interview	
CO2	Actively participate in group discussions towards gainful employment, Capture a	L3
	self - interview simulation video regarding the job role concerned and Enlist the	
	common errors generally made by candidates in an interview.	
CO3	Perform appropriately and effectively in group discussions and Explore sources	L3
	(online/offline) of career opportunities	
CO4	Use common technology messaging tools that are used in enterprises for flow of	L3
	information and transition from command and control to informal communication	
	during an online/offline team session & Actively use and operate online team	
	communication tools: Webinar, Skype, Zoom, Google hangout etc	
CO5	Appreciate and demonstrate Team Skills & Generate, share and maximise new	L3
	ideas with the concept of brainstorming and the documentation of key critical	
	ideas/thoughts articulated and action points to be implemented with timelines in a	
	team discussion (as MOM) in identified applicable templates	

	Course Delivery methods									
CD1	Lecture by use of boards/LCD projectors/OHP projectors									
CD2	Tutorials/Assignments									
CD3	Seminars									
CD4	Self- learning advice using internets									
CD5	Industrial visit									

**Mapping of Course Outcomes onto Program Outcomes** 

<b>C</b>	Course Bloom's PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8 PO9 PO10 PSO PSO												
Course	Bloom's	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO	PSO
Outcome	Levels											1	2
CO1	L6	L	Н	L	M	L	Н	Н	M	-	Н	-	-
CO2	L3	L	Н	L	M	L	Н	Н	M	-	Н	-	-
CO3	L3	L	H	L	M	L	H	H	M	-	H	-	-
CO4	L3	L	H	L	M	L	H	H	M	-	H	-	-
CO5	L3	L	H	L	M	L	H	H	M	-	H	-	-

H- High, M- Moderate, L- Low, '-' for No correlation

Mapping between CO and CD

CD	Course Delivery methods	Course Outcomes
CD1	Lecture by use of boards/LCD projectors/OHP projectors	CO1, CO2, CO3, CO4, CO5
CD2	Tutorials/Assignments	CO1, CO2, CO3, CO4, CO5
CD3	Seminars	CO3, CO4
CD4	Self- learning advice using internets	CO1, CO2, CO3, CO4, CO5
CD5	Industrial visit	CO3, CO4, CO5

#### **BPT-408 ANANDAM**

## **Duration: 64 Hrs**

## **Course Objectives:**

- To instill the joy of giving in young people, turning them into responsible citizens to build up a better society.
- To inculcate the habit of service in students across the University...
- Students to be excepted to engage in individual and group acts of service and goodness.

#### **Action Plan:**

## 1. Students will be expected to

- > Do at least one act of individual service each day
- Record this act of service in a dedicated Register / Personal Diary
- ➤ Share this Register / Personal Diary day in the 30 minute Anandam time a lot dedicated by the University
- ➤ Undertake one group service project for 64 hours every term (outside college hours)
- > Upload the report on the group project on the Anandam platform
- ➤ Participate in a sharing and presentation on the group service in the discussion sessions held once a month
- (there will be some suggested projects and organizations that students can work with. Students can also suggest their own projects which others can join)

#### 2. Inputs

#### A. From the Anandam Platform

- a. An online platform to manage and share service opportunities
- b. A list of suggested programs or volunteering organizations.
- c. Training for faculty members on how to facilitate the Anandam program

### B. From the University

- a. Faculty will review every student's Register / Personal Dairy to see if they recorded an act of goodness for that day
- b. The act of goodness will not be evaluated, just if it was recorded or not
- c. The faculty will mentor the group service projects. They will strive to mobilize the required resources and support for the group service projects.

- d. Mentors to guide and review the student's activities on an regular basis
- e. There will be one Anandam coordinator to monitor the program in every University.
- **3. Outcomes-**Each student will finish the year with a portfolio of giving. This will include their Register / Personal Diaries and their reports on group service projects.

CO1:Develop a great sense of understanding towards social issues.(Bloom's Level- L2)

CO2: Able to engage in individual and group acts of service and goodness. .(Bloom's Level- L3)

## **Mapping of Course Outcomes onto Program Learning Outcomes**

Course outcom	Bloom' s Level	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2
CO1	L2	L	-	-	-	-	-	-	-	-	Н	-	-
CO2	L3	L	-	-	-	-	-	-	-	-	Н	-	-

## 6 MONTHS (180 DAYS) COMPULSORY CLINICAL INTERNSHIP & PROJECT

## (MAJOR) SUBMISSION

		THEORY			PR	ACTICA	L					
Code No.	Paper	Туре	Total	IA	EA	Total	IA	EA	L	Т	P	Credits
BPT 501	CLINICAL INTERENSHIP & PROJECT	Core	-	-	-	100	30	70	-		24	24
Total						200					24	24
Grand Total	200 Marks									24 Credi	ts	

## **BPT501: CLINICAL INTERENSHIP & PROJECT**

## **Course Objectives:**

- To undertake a research study under the guidance of Guide.
- To undergo a project viva-voice by examining committee.

## **Course Outcomes:**

CO	Statement	Bloom's Level
	(After completion of this course, student will be able to)	Level
CO1	Demonstrate the skill to evaluate, diagnose (physical diagnosis) and manage subjects under supervision of a faculty.	L3
CO2	Demonstrate the records and relevant patient sinformation, treatment and follow up.	L3
CO3	Demonstrate skill and presentation of a patient under his/ her during clinical meetings.	L4

#### **BPT-502: ANANDAM**

#### **Duration: 64 Hrs**

## **Course Objectives:**

- To instill the joy of giving in young people, turning them into responsible citizens to build up a better society.
- To inculcate the habit of service in students across the University...
- Students to be excepted to engage in individual and group acts of service and goodness.

#### **Action Plan:**

## 1. Students will be expected to

- > Do at least one act of individual service each day
- ➤ Record this act of service in a dedicated Register / Personal Diary
- ➤ Share this Register / Personal Diary day in the 30 minute Anandam time a lot dedicated by the University
- ➤ Undertake one group service project for 64 hours every term (outside college hours)
- > Upload the report on the group project on the Anandam platform
- ➤ Participate in a sharing and presentation on the group service in the discussion sessions held once a month
- ➤ (there will be some suggested projects and organizations that students can work with. Students can also suggest their own projects which others can join)

#### 2. Inputs

#### C. From the Anandam Platform

- a. An online platform to manage and share service opportunities
- b. A list of suggested programs or volunteering organizations.
- c. Training for faculty members on how to facilitate the Anandam program

### D. From the University

- a. Faculty will review every student's Register / Personal Dairy to see if they recorded an act of goodness for that day
- b. The act of goodness will not be evaluated, just if it was recorded or not
- c. The faculty will mentor the group service projects. They will strive to mobilize the required resources and support for the group service projects.

- d. Mentors to guide and review the student's activities on an regular basis
- e. There will be one Anandam coordinator to monitor the program in every University.
- **3. Outcomes-**Each student will finish the year with a portfolio of giving. This will include their Register / Personal Diaries and their reports on group service projects.

CO1:Develop a great sense of understanding towards social issues.(Bloom's Level- L2)

CO2: Able to engage in individual and group acts of service and goodness. .(Bloom's Level- L3)

## **Mapping of Course Outcomes onto Program Learning Outcomes**

Course outcom	Bloom' s Level	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2
CO1	L2	L	-	-	-	-	-	-	-	-	Н	-	-
CO2	L3	L	-	-	-	-	-	-	-	-	Н	-	-

### 11. TEACHING-LEARNING PROCESS/ METHODOLOGY (TLM):

The teaching-learning process should be aimed at systematic exposition of basic concepts so as to acquire knowledge of physiotherapy in a canonical manner. In this the various components of teaching learning process are summarized in the following heads.

- 1. Class room Lectures: The most common method of imparting knowledge is through lectures. There are diverse modes of delivering lectures such as through blackboard, power point presentation and other technology aided means. A judicious mix of these means is a key aspect of teaching-learning process.
- **2. Tutorials:** To reinforce learning, to monitor progress, and to provide a regular pattern of study, tutorials are essential requirements. During these tutorials, difficulties faced by the students in understanding the lectures, are dealt with. Tutorials are also aimed at solving problems associated with the concepts discussed during the lectures.
- 3. **Practical:** To provide scientific visualization and obtaining results of Physiotherapy the practical sessions are conducted in exercise therapy and electrotherapy labs. These sessions provide vital insights into scientific concepts and draw learner's attention towards limitations of exercise therapy.
- 4. **OPD and Hospital (Field Based Learning) :** Students may enhance their knowledge through rotatory clinical postings, medical camps and visits to special school.
- 5. **Textbooks learning:** A large number of books are included in the list of references of each course for enrichment and enhancement of knowledge.
- 6. **E-learning:** Learner may also access electronic resources and educational websites for better understanding and updating the concepts.
- 7. **Self-study materials:** Self-study material provided by the teachers is an integral part of learning. It helps in bridging the gaps in the classroom teaching. It also provides scope for teachers to give additional information beyond classroom learning.
- **8. Assignment/Problem solving:** Assignments at regular intervals involving applications of theory are necessary to assimilate basic concepts of courses. Hence, it is incumbent on the part of a learner to complete open-ended projects assigned by the teacher.
- 9. **Workshop And Seminars:** Workshop and seminar on recent trends in the field of physiotherapy are organized time to time to update with the current scenario.

#### **Various Course Delivery Methods:**

CD1	Lecture by use of boards/LCD projectors/OHP projectors
CD2	Tutorials/Assignments
CD3	Seminars
CD4	Self- learning advice using internets
CD5	Hospital visit & OPD

#### Clinical learning opportunities imparted through the use of advanced techniques

Teaching modality	Learning opportunity examples
Patients	Teach and assess in selected clinical scenarios
	Practice soft skills
	Practice physical examination
	Receive feedback on performance
Mannequins	Perform acquired techniques
	Practice basic procedural skills
	Apply basic science understanding to clinical problem solving
Simulators	Practice teamwork and leadership
	Perform cardiac and pulmonary care skills
	Apply basic science understanding to clinical problem solving
Task under trainers	As specific to the physiotherapy profession. Joint manipulation,
	chest physiotherapy etc.

## 12. ASSESSMENT AND OUTCOME MEASUREMENT METHODS (AOMM):

A range of assessment methods which are appropriate to test the understanding of various concepts of courses will be used. Various learning outcomes will be assessed using time-bound examinations, problem solving, assignments and viva-voce examination. For various courses in this programme, the following assessment methods shall be adopted:

- 1. Scheduled/unscheduled tests
- 2. Problem solving sessions aligned with classroom lectures
- 3. Mid semester examination and semester end comprehensive examination
- 4. Mini Case Evaluation Exercise
- 5. Case-based discussion
- 6. Direct observation of procedures
- 7. Multi-source feedback
- 8. Patient satisfaction questionnaire

## **Examination and Evaluation:**

- I. The medium of instructions and examination shall be English.
- II. Candidates shall be examined according to the scheme of examination and syllabus as approved by the BOS and Academic Council from time to time.
- III. To pass each semester examination, a candidate must obtain at least 50% marks in each written paper, practical work semester examination.
- IV. Each theory paper for the respective semester examination shall be set and evaluation of the answer books shall be done as per the University rules.

V. The assessment of External Evaluation i.e. End Term Semester Examination will be made out of 70 (Seventy) marks in theory Papers and Internal Evaluation of 30 (Thirty) marks.

## **Criterion for awarding Grading System:**

**Criterion for Awarding AGPA and CGPA:** The criterion for awarding the Annual Grade Point Average (AGPA) and Cumulative Grade Point Average (CGPA) for BPT programme shall be as follows:

- a) The criterion for passing in a subject is that a student should secure minimum 50% marks in individual paper.
- b) A student obtaining less than pass marks as specified above, in each subject (sum of internal and End-Term examinations) he will be declared fail in that subject and will have to re-appear in a End-Term examination of the course in subsequent odd / even semester end term examination, subject to maximum permissible period of n+4 semesters to complete the course.
- c) The University has adopted Absolute Grading System for converting marks into grades. The formula of 10- point grading system for conversion of marks obtained into Letter Grades and converting Letter Grades to Grade Point is given below:

Table.	Marks,	Letter	Grades	and	Grade	<b>Points</b>
I ant.	TATOL IZO		Graucs	anu	JIauc	I UIIIU

Marks	Letter Grade	Grade Points
91-100	O (Outstanding)	10
81-90	A+(Excellent)	9
71-80	A(Very Good)	8
61-70	B+(Good)	7
56-60	B(Above Average)	6
51-55	C (Average)	5
50	P (Pass)*	4
0-49	F(Fail)	0
- AB (Absent)		0

### \*Pass Mark: 50% in individual paper

- d) The criterion for passing in a subject is that a student should secure minimum 50% marks in individual paper.
- e) While converting the marks into Letter Grade, the rounding off marks must be considered.
- f) A student obtaining Grade F shall be considered failed and will be required to reappear in the examination.

g) For noncredit courses "Satisfactory" or Unsatisfactory" shall be indicated instead of the letter grade and this will not be counted for the computation of AGPA/CGPA.

## **Computation of AGPA and CGPA:**

The university has adopted UGC recommended procedure for computation of Annual Grade Point Average (AGPA) and Cumulative Grade Point Average (CGPA)

a) The AGPA is the ratio of sum of the product of the number of credits with the grade points scored by a student in all the papers/ courses taken by a student and the sum of the number of credits of all the courses undergone by a student, i.e.

**AGPA** (Ai) = 
$$\Sigma$$
 (Ci x Gi) /  $\Sigma$ Ci

where Ci is the number of credits of the i<sup>th</sup> course and Gi is the grade point scored by the student in the i<sup>th</sup> course. The university shall issue Annual Grade Card to the student.

b) The CGPA is also calculated in the same manner taking into account all the courses undergone by a student over all the semesters of a programme, i.e.

**CGPA** = 
$$\Sigma$$
 (Ci x Ai) /  $\Sigma$  Ci

Where Ai is the AGPA of the ith semester and Ci is the total number of credits in that semester.

c) The AGPA and CGPA shall be rounded off to 2 decimal points and reported in the transcripts

## Illustration of Computation of AGPA, CGPA, and Format for Transcripts:

a) Computation of AGPA and CGPA

## Illustration of Computation of AGPA, CGPA, and Format for Transcripts:

Computation of AGPA and CGPA

#### **Illustration for AGPA**

Course	Credit	Grade Letter	Grade Point	Credit Point
				(Credit x Grade)
BPT 101	10	O	10	100
BPT 102	10	C	5	50
BPT 103	4	A	8	32
BPT 104	10	B+	7	70
BPT 105	4	В	6	24
BPT 106	4	С	5	20
BPT 107	2	В	6	12
ANANDAM I	4	A	8	32
MOOC	2	В	6	12
Total	52			352

## Thus, AGPA = 352/50 = 7.04

#### **Illustration for CGPA**

BPT-1 <sup>st</sup> Year	BPT-2 <sup>nd</sup> Year	BPT-3 <sup>rd</sup> Year	BPT-4 <sup>th</sup> Year	Internship
Credit: 50	Credit: 46	Credit: 52	Credit: 50	Credit: 24
AGPA:7.04	AGPA: 7.65	AGPA: 6.76	AGPA: 7.04	AGPA: 14.66

**Thus, CGPA**= 50x7.04+46x7.65+52x6.76+50x7.04+24x14.66 = 7.92

## 13. TEACHERS TRAINING (TT):

Learning Outcomes Based Curriculum Framework (LOCF) Quality initiative of UGC based on Outcome Based Education (OBE) is being implemented by the University Grants Commission to enhance the Quality of Higher Education and that of Higher Education Learners and Teachers. Therefore, university arrange following activities for teachers training:

- 1. Workshops for LOCF implementation.
- 2. Seminar for LOCF implementation.
- 3. FDP on LOCF.
- 4. Outcome based higher education and understanding the learning objectives, learning outcomes, new approaches in the area of outcome measurement, preparing future ready teachers and students.
- 5. Developing a battery of quality speakers/educators to become resource persons to play role for Training of Trainers (TOT).

## 14. KEY WORDS:

AHP, LOCF, CBCS, Course Learning Outcomes, Employability, Graduate Attributes Communication Skills and Critical Thinking

\*\*\*\*\*

# B.P.T.

## **Annexure 1:**

## PO AND BLOOM'S LEVEL MAPPING

PO	Action Verb(s) in Pos	Bloom's level for Pos
PO1	Recognize	L2
PO2	Demonstrate	L3
PO3	Acquire, Identify	L1
PO4	Practice	L3
	Define	L1
PO5	Deal	L5
	Interpret	L4
PO6	Analyze	L4
	Choose	L5
PO7	Demonstrate	L3
PO8	Communicate	L2
	Understand	L2
PO9	Research	L4
PO10	Group	L4